How do I quarantine properly?

- Stay home except to get medical attention
- Wear a mask when you must be around others
- Stay distanced from others, even at home
- Try to stay within one specific room
- Keep a window open for air circulation
- Cover coughs and throw out tissues right away
- Clean personal items & common surfaces daily
- Avoid touching your eyes, nose & mouth
- Wash your hands frequently

SOURCES
- ABOUT
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- CDC

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