



Group Volunteer Opportunities

CHILDREN'S MEMORIAL HERMANN HOSPITAL

Keeping families close™

Ronald McDonald House Houston offers a home away from home providing care, compassion and hope to families with seriously ill children being treated in Texas Medical Center member institutions. The generosity of organizations and individuals like you help us make our House inside Children's Memorial Hermann Hospital a home.

FAMILY MEAL PROGRAM

- After a long day, there is nothing better than a nice meal and a friendly smile. Get together a group of your friends, family or co-workers. Our goal is to offer families a meal every day of the year.
- You may have a catered meal delivered to RMH Houston Children's Memorial Hermann Hospital or drop off a meal that has been commercially prepared. Home-cooked foods cannot be accepted. Meals cannot be cooked in the Ronald McDonald House Houston kitchen inside Children's Memorial Herman Hospital.
- Meals Times are: Lunch at 12 PM (Drop-off only); Dinner at 6:30 PM. We never close!
- Please plan for 60 people to be eating when arranging your meal. Separate into two (2) sets– the meal is served on both the 7th and 9th floors to support all our families. When planning menus, please provide a vegetarian option and when serving a pork entrée, provide an alternate protein.

COOKIE BREAKS

- There is nothing more like home than the smell of baking cookies. The treats you bake will be a comforting snack for the families that use RMH Houston Children's Memorial Hermann Hospital each day to be near their child in the hospital.
- This is afternoon opportunity (2:00-5:00 PM) is BYOCD (Bring Your Own Cookie Dough)! Pick up tubs of commercially prepared dough. Get creative – bring prepared icing and sprinkles for sugar cookies. You bring the dough and bakers; we have cookie sheets and an oven.
- Don't forget to bring the milk! Regular, chocolate, or strawberry—all are yummy good! Plan on baking at least 8 dozen cookies and using 3-4 gallons of milk (individual cartons are great—less mess, no fuss!)

GETTING STARTED

- When providing a meal or cookie break, the maximum group size cannot exceed 5 people. Every member of the group must be 16 years of age or older. Children or underage teens may NOT participate.
- Since our House is in the middle of Children's Memorial Hermann Hospital, we adhere to all of the hospital's guidelines and expect that our volunteers do the same. (Full guidelines are on our website)
- If you would like to provide a family meal or have questions about the program, please contact Colleen Dillahunty, Family Activities Coordinator at fac@rmhhouston.org.

Ronald McDonald House Houston is a 501(c) (3) organization. Contributions are tax-deductible to the fullest extent of the law.

We are truly grateful that this place not only exists, but is
uplifting the hopes and spirits *of the parents of sick babies*

