

Seniors Week 2020

7 days, over 14 fun virtual activities for 55+



June 1 – 7

Move, Groove & Improve

The City of Richmond and its Community Partners are inviting those 55+ years to participate in 7 days of fun and engaging virtual activities. Seniors Week will feature a variety of recreational and educational opportunities to choose from to keep seniors and their families healthy, active and connected.

For a list of activities offered and for more information please visit:
www.richmond.ca/seniorsweek or call **604-276-4300**



www.richmond.ca/connects

