MEETING SCRIPT

WELCOME TO THE “ANY LENGTHS” ONLINE MEETING OF ALCOHOLICS ANONYMOUS. My name is _________, I am an alcoholic and your meeting chair today. We meet here to stay connected with the Fellowship and to support the daily maintenance of our spiritual condition.

To keep our meeting room secure, we lock it at approx.10 minutes past the hour. If you ever need to join late, or your connection drops after a meeting has been locked, go to our website at any{dash}lengths.org. We set up a live-chat function from 12-1PM so that regular members can connect with a meeting host to regain access.

Now, let us begin with a moment of silence for those who still suffer in and out of the rooms, and then together say the Serenity Prayer. [prayer]

[after prayer]
Would everyone now please mute for the rest of the meeting, except when sharing or greeting. Mute and unmute yourself using the microphone icon. Also, for sharing in large meetings, it is helpful to use the blue “Raise Hand” feature under “Participants.”

And now…
____________ has kindly offered to read the AA Preamble.
____________ has kindly offered to read How It Works. [OR The Twelve Traditions]
____________ has kindly offered to read today’s Daily Reflection.

Is anyone here new to AA … or, coming back to the program … who would like to introduce themselves so we may welcome you?

Do we have any non-AA visitors?

Does anyone have an AA milestone or birthday they’d like to share with the group?

Now, unless someone has a specific topic they’d like to suggest**: _______________,
let’s share on the Daily Reflection (pasted in the chat window), this month’s step, or on your solutions in sobriety today.
** [consider: Step 1/Trad 3 if several newcomers are attending]

Please do not share more than once unless everyone has had a chance to share. When sharing, please focus on your own experience, strength and hope. Please avoid crosstalk, such as giving advice, criticizing or interrupting when someone is sharing. The meeting is now open for shares up to ___ mins. After this you will hear a gentle tone from our time keeper.

SHARING UP TO 12:57 --- LEAVE 3 MINUTES TO CLOSE THE MEETING ON TIME

[script continues on next page...]

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[ALLOW FOR 3 MIN. TO CLOSE THE MEETING ON TIME]

Our time for today is up. Thank you ______, today’s Tech Host, ______ for Screen Sharing and __________ for being our time keeper. Also thank you [each reader] and everyone who attended.

If you have a year or more of continuous sobriety, have completed the steps, and are available to sponsor, please type your name in the chat box along with a way to contact you.

Now some announcements:

- Service helps keep us sober, and we have service positions available. Go to our web page at any-lengths.org (posted in chat) to see what’s available and sign up for an open slot. Training will be provided.
- Take some time to familiarize yourself with the website for meeting and service materials, attendance verification instructions and more. Should we ever need to communicate something to members, for example implement a temporary password, it will be clearly posted there.

- Are there any other AA announcements?

If you have time to chat, stay on after we close the meeting for informal conversation. Please be considerate, avoiding gossip or discussing people who aren’t present. Anonymity keeps our meetings a safe place. What you hear here and who you see here, let it stay here.

Today’s closing passage will be read by ________________.

Now, after a moment of silence, let’s unmute and close with the WE version of the Serenity Prayer. [prayer]