



Step 1

Head out on a nature walk and gather some leaves, flowers and pinecones... Anything special that catches your eye. Remember take only what's abundant and only take a little.

Step 2

Find a patch of grass in your backyard or a park. This is your canvas for the mandala. Place one of the treasures in the middle then place your treasures in a circular pattern around the centre. Go around and around, adding larger circles around the centre until you have completed the mandala.

Step 3

Take your time as you as you place your objects. Breathe deeply, smile, and enjoy!

Remember there is no right or wrong way to make a nature craft, so have fun!

Nice work, Gumboot Kids! Daisy would love to see what you've made. Share a picture with @GumbootKids @CBCKidsca #GumbootKids #CBCKids

