



LESSON 8.12 Chee-TOES!

Module #8: Leadership

Defining oneself as a leader in the school starts early, and ninth graders need to understand this. There are identifying characteristics of effective leaders that can be learned and developed – but it takes practice. It is important for freshmen to be aware of the opportunities to practice and fine tune their leadership skills in high school.

Enduring Understandings

- I. **Effective leaders share common characteristics – characteristics that can be learned and developed.**
- II. There are many opportunities in high school to gain leadership experience.

Essential Questions

- I. **What are the characteristics of effective leaders? (I)**
- II. **What strategies can be employed to build leadership skills? (I)**
- III. What opportunities exist in our high school to gain leadership experience? (II)

Lesson Objective(s)

Students will practice teamwork and using leadership skills to compete in the “Chee-TOES” game.

Lesson 8.11

Challenge 3.6

Lesson 8.12

Lesson 8.13

Lesson 9.1

Directions:

1. Empty 2-3 bags of Cheetos in an inflatable swimming pool.
2. Divide the class into 4-6 teams. Each team needs to select one team member to compete in the “Chee-TOES” game. Participants must sit outside the pool with their hands behind their backs using only their toes to collect as many Cheetos as possible. The team with the most number of Cheetos at the end of one minute wins the game.
3. Prior to playing the game, give teams 5-6 minutes to strategize and practice. Hint: Add specific rules to make the game more challenging such as: (1) you can only have one “Cheeto” in your toes at a time; (2) crushed or broken Cheetos won’t be counted; (3) blindfold players.
4. After the competition, have a class discussion: How did students work as a team? Who emerged as a leader? What strategies worked? What strategies didn’t work?

Materials & Supplies

- Small inflatable pool
- 2-3 bags of Cheetos

**FOCUS
POINT**

Practice teamwork and leadership in a fun and crazy way. It doesn’t matter what you’re trying to accomplish — teamwork matters!

- After playing one round, give teams another opportunity to strategize and modify their “Chee-TOE” technique. Then, play again!

**resources
&
extension**