



LESSON 3.3 Habits of Mind - Pt. II

Module #3: Making the Grade

Academically, the ninth grade year often defines a student's entire high school experience. Therefore, it is imperative that all freshmen get off to a great start with their academic work. This can be accomplished through the teaching of study skills, note taking skills, and learning styles and through an increased awareness of resources available to build academic success.

Enduring Understandings

- I. **Academic success in high school requires a toolbox equipped with skills and strategies to use in navigating the completion of academic coursework.**
- II. Knowing about, understanding, and using the many academic resources available will increase the likelihood of a successful high school experience.

Essential Questions

- I. **What are habits of mind and how will they help me? (I)**
- II. What can I do to ensure my academic success in high school? (I)
- III. What resources does my high school have available to help build my academic success? (II)

Lesson Objective(s)

Students will develop an understanding of the Habits of Mind and identify their own strengths and weaknesses in their embrace of the habits.

Lesson 3.1

Lesson 3.2

Lesson 3.3

Lesson 3.4

Lesson 3.5

Directions:

1. Each group should share its "habit," famous person, simile, logo, and slogan with the rest of the class. As each group shares, display the logo and slogan somewhere in the classroom where it can remain for the rest of the year as a reminder of the importance of the Habits of Mind.
2. Use the remaining class time to have students self assess themselves on their current embrace of the 8 habits shared today. You may consider dividing the students between the student leaders for this discussion. Have students respond to the question: How can I improve my embrace of this habit?

For more information about the Habits of Mind, refer to the following text:

Learning and Leading with Habits of Mind: 16 Essential Characteristics for Success – Arthur L. Costa and Bena Kallick; Copyright 2008, Association for Supervision and Curriculum Development (ASCD)

Materials & Supplies

- Each student will need a copy of the "Habits of Mind" Overview Worksheet.

FOCUS
POINT

We must help ninth graders achieve academic success. And a good place to start is to help them understand what academically successful people do – what are their habits and how do they respond when they don't have the answers.

- There are many good books in the market aimed at teenagers that can be a great enhancement to this module.
- Two texts we suggest:
 - *7 Habits of Highly Effective Teens* - Sean Covey
 - *Seven Secrets of How to Study* - Stephen Jones

resources
&
extension