



## LESSON 10.5 My Four Year Plan

### Module #10: The Future

It is important for freshmen to think about and plan for life after the ninth grade year and even life after high school. This means knowing what course and academic program options are available at the high school. It also means knowing career and college interests because it is never too early to begin planning for the day after high school graduation...

### Enduring Understandings

- I. **Getting the best high school experience requires careful planning and selection of courses and programs that best meet your needs and interests.**
- II. Planning for life after high school needs to begin now.
- III. It is never too early to begin making sound financial decisions.

### Essential Questions

- I. What are my goals for the rest of high school and for life after high school? (II)
- II. **What high school courses do I need to take to help me meet my goals? (I)**
- III. What can I do now to set the stage for a positive financial future? (III)

### Lesson Objective(s)

Students will create a high school four year plan to ensure they are taking courses and participating in activities that will most likely help them reach their goals.

Challenge 5.4

Challenge 5.4

**Lesson 10.5**

Lesson 10.6

Challenge 5.5

### Directions:

1. Prior to conducting this lesson, student leaders should complete their own four year plan out and be prepared to share with freshmen – in particular, be prepared to talk about WHY you took or are taking particular courses to help you reach your goals for life after high school.
2. When freshmen arrive, ask them to think about the results of their career interest survey and the information they collected through their college exploration. Armed with this information, there should be decisions freshmen can make about courses and extra-curricular activity participation that will allow them to be better prepared for college applications and life after high school.
3. In small groups with student leaders, have ninth graders complete a high school four year plan **(Included below)** – paying particular attention to courses that align with interests and career exploration information.
4. Encourage freshmen to use (and modify) these plans as they schedule courses and plan activities over the next few years.

### Materials & Supplies

- Copies of the High School Four Year Plan
- Copies of your school's Program of Studies/ Course Offerings book

FOCUS  
POINT

Some students go through high school not even aware of many of the unique course offerings that a school has to offer. Creating a meaningful four year plan encourages students to explore courses and activities and take advantage of the opportunities!

- This module can be enhanced and extended with the many activities that a career interest/survey platform can provide. We suggest considering [www.careercrusing.com](http://www.careercrusing.com) as a potential web solution. In addition to Freshman Focus Module #10 lessons and activities, students can deep dive into many career options, build a portfolio, and develop detailed plans for high school, college, and beyond!

resources  
&  
extension

# High School Four Year Plan

**9<sup>th</sup> Grade** (Fill in the courses you are taking and activities you are participating in this year)

<b>Required Courses:</b>	<b>Credits:</b>
<b>Elective Courses:</b>	<b>Credits:</b>
<b>Extra-Curricular Activities:</b>	

**10<sup>th</sup> Grade** (Fill in the courses you plan to take and activities plan to participate in this year)

<b>Required Courses:</b>	<b>Credits:</b>
<b>Elective Courses:</b>	<b>Credits:</b>
<b>Extra-Curricular Activities:</b>	

**11<sup>th</sup> Grade** (Fill in the courses you plan to take and activities plan to participate in this year)

<b>Required Courses:</b>	<b>Credits:</b>
<b>Elective Courses:</b>	<b>Credits:</b>
<b>Extra-Curricular Activities:</b>	

**12<sup>th</sup> Grade** (Fill in the courses you plan to take and activities plan to participate in this year)

<b>Required Courses:</b>	<b>Credits:</b>
<b>Elective Courses:</b>	<b>Credits:</b>
<b>Extra-Curricular Activities:</b>	