

DESTROYING SINFUL ANGER

January 24, 2021

Ephesians 4:26-27, James 1:19-20, Psalm 4:4-5 & Various Scriptures

I. Be _____ . – Eph. 4:26-27, Jms. 1:19-20, Rom. 1:8, Rev. 19:15, Mark 3:5

I want to be angry about what _____ .

II. Be angry and _____ . – Eph. 4:26-27, Jms. 1:19-20, Ecc. 7:9, Pr. 14:29, 29:11, 15:1, 18, 12:18, Ps. 28:3, 62:4, Ex. 34:6-7, 2 Pt. 3:9

2 Ways to sin in anger:

1.

2.

3 Expressions of Sinful Anger:

1.

2.

3.

Where do you see examples of sinful anger in your life? What makes your anger sinful in those scenarios? Which of the three expressions of sinful anger do you tend to exercise when you are angry? Why do you think that is and how can Scripture help correct your mind and heart in this area?

3. APPLY THE TRUTH

Scripture gives us direction on how not to sin in our anger – Pause, Listen, Resolve, and Forgive. Which of those steps do you need to work on the most in dealing with your sinful anger and what verse can help you? Pray and ask the Lord to help you trust Him more with the wrongs you see and experience so you can walk free from sinful anger.



I want to be _____ with others
the way God is patient with me.

III. _____ sinful anger. — Ps. 4:4-5

1.

2.

3.

I want to destroy sinful anger so the _____
can grow in my life.

I WANT TO BE _____
BY CHRIST NOT _____.

Stewardship Report:

Last Week: \$7,005.00
This Month: \$18,528.00
Last Month: \$28,172.00
Monthly Budget: \$26,531.00



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SMALL GROUP APPLICATION QUESTIONS

1. STUDY THE SCRIPTURE

Review the scriptures from the first point of the sermon notes. Why does Paul tell us to be angry? When is anger a good thing? What scripture can you use to back this up? What are some examples of issues or situations where we can experience good anger?

Review the scriptures from the second point of the sermon notes. What warnings do Paul and James gives us concerning anger? How does this help us to identify and understand sinful forms of anger? What are some forms of sinful anger pointed out in Scripture and how are we instructed to deal with them?

2. ASSESS YOUR LIFE

When have you experienced or exhibited good (righteous) anger? What made it good? Where should you be angry, but often aren't? What would it look like to be angry in a good way in these situations?

