



OCTOBER 2020

FROM THE HEART



SPOTLIGHT: MITTEN’S URGENT CARE CLINIC

The Mitten’s Urgent Care Clinic opened in June 2020. The Urgent Care is open 7 days a week from 9am-7pm at 1001 US Hwy 40 STE 4 (upper level) Oakley, KS 67748. Logan County Health Services entered into a service agreement with the Logan County Healthcare Foundation, the owner of the Mitten’s Urgent Care Clinic, to provide medical services to the patients of the Urgent Care Clinic.

The Urgent Care Clinic is a walk in clinic designed for treating patients with non-life threatening illness or injury that are unable to wait until their primary care provider is available to treat them. Common reasons that you may seek treatment at the Urgent Care Clinic are cuts that may need stitches, minor infections, sprains/strains, possible broken bones/simple fractures, and illnesses that may require treatment outside of the hours of availability of your primary care provider’s office. The Mitten’s Urgent Care Clinic is also pleased to be able to provide DOT physicals at a convenient location for both local and traveling patients.

*If you are experiencing life-threatening symptoms, please call 9-1-1 or visit the Emergency Room.

When the UNEXPECTED happens...

Emergency Room or Urgent Care?

For illnesses or injuries that are not life-threatening but still need immediate medical care.

ER	EMERGENCY ROOM	VS	URGENT CARE	UC	
	Severe Abdominal or Chest Pain		Babies Needing Immediate Care		Serious Eye or Head Injuries
	Severe Burns		Stroke Symptoms (Numbness, Paralysis, Slurred Speech, etc.)		Significant Difficulty Breathing
	Heart Attack Symptoms		High Fevers		Suspected Drug Overdose or Poisoning
	Allergic Reactions		Broken Bones		Sprains & Strains
	Cuts Requiring Stitches		Mild Fevers		Minor Burns
	Pink Eye		Animal or Insect Bite		Cold & Flu Symptoms

When in Doubt, Dial 911

Mitten’s Urgent Care Clinic – 1001 US HWY 40 STE 4 Oakley, KS 67748 – 785-672-1441



Sharonda Miller, APRN-C

Sharonda Miller is a Board-Certified Family Nurse Practitioner born in Nashville and raised in Mineral Springs, Arkansas. She received her degree from Walden University, where she was a member of the National Society of Leadership and Success. She is also a member of the American Academy of Nurse Practitioners, and the American Nurses Association. Before becoming an APRN-C, Sharonda began her career as a Licensed Practical Nurse in 2001. She practiced as an LPN for three years before returning to obtain her associates in nursing as a Registered Nurse in 2005. She always felt that she had more to offer her patients and community, and that is what pushed her to continue her education and obtain a masters degree. In her 19-year-career she has worked in long term care, family clinics, assisted living, emergency room, vascular surgery, medical surgical floors, ortho/neuro trauma, cardiovascular, renal, home health and GI lab. During her career as an APRN-C, she has worked at Arkansas Hematology and Oncology with the internal medicine physicians and in a family practice before coming to Oakley. Sharonda enjoys spending time with family and friends, reading, horseback riding, cooking, fishing, gardening and being out in nature.



Jessica Catlin, APRN-C

Jessica Catlin is a new APRN-C addition to the Logan County Health Services medical staff. Jessica is a Kansas native, born and raised in Wichita. Jessica has always had a passion for helping others. She discovered her passion for the medical field when she was in college and decided a career in nursing would be an ideal fit. She received her training and education by attending Butler County Community College, Eastern Kentucky University, the University of Kansas and the University of Saint Mary. Jessica worked as a charge nurse in the Providence Medical Center Emergency Room in Kansas City and later worked for the Kansas City VA Medical Center as a charge nurse on the inpatient psychiatry unit. She also has a wide variety of experience working in telemedicine and primary care. Jessica enjoys volunteering and has especially enjoyed the opportunities to provide healthcare services to homeless camps during her time in the Kansas City area. In her spare time, Jessica enjoys running, weightlifting and reading and writing poetry.



Tara Powell, DNP, APRN, CPNP-PC

Tara Powell is a board-certified Pediatric Nurse Practitioner. She was born and raised in Colby and attended Colby Community College where she received her Associate's degree in nursing. She continued her education receiving a Bachelor's degree in Nursing from Fort Hays State University. Her Master's degree specializing in pediatrics and Doctorate of Nursing Practice were obtained from Maryville University. Tara's experience includes the medical-surgical unit, women's health center, pediatric unit, pediatric oncology unit, pediatric ICU, newborn nursery, and the neonatal ICU. She is a member of The American Nurses Association and Sigma Theta Tau. Tara and her husband Scott have 2 daughters, Maleia and Hannah. After moving around the world due to Scott's military career, they have decided to return to the area to be closer to family. Tara enjoys spending time with her family, traveling, reading, dancing, and riding horses.

EMPLOYMENT OPPORTUNITIES

Logan County Health Services is looking for new team members to fill the following positions:

RN/LPN – Full Time/Part Time

RN/LPN – PRN

Sonographer– Full Time

LCHS offers excellent wages and benefits including KPERS, health, vision, dental and life insurance, AFLAC policies, optional flight policies, paid time off, holiday pay and a membership to our Wellness Center. LCHS is an Equal Opportunity Employer.

For more information, contact Amanda Gallentine at 785-672-1402 or agallentine@lchoakley.com or view the opportunities online at www.logancountyhospital.org/jobs/

DID YOU KNOW?

October is National Physical Therapy Month!

To ensure the best possible care, the rehabilitation department professionals at LCHS coordinate with other members of your healthcare team to create personalized plans of care to help you improve mobility and function, manage pain and chronic conditions, recover from illness, injury or surgery, and prevent further injury and chronic disease. These rehabilitation experts work through hands-on care, patient education, and prescribed movements to treat patients of all ages and abilities and empower them to actively take part in their own care.

Logan County Health Services offers rehabilitation services to outpatients as well as acute and swing bed patients. The LCHS Rehabilitation Department includes professionals of Physical Therapy, Occupational Therapy, and Speech and Language Pathology. Logan County Health Services has two Registered Physical Therapists, seven Certified Physical Therapy Assistants, a Therapy Aide, a Certified Occupational Therapy Assistant, a Secretary/Receptionist and a Director of Physical Therapy on staff.

**PHYSICAL
MOVE WELL. LIVE WELL.
THERAPY**

PAYING FOR MEDICAL BILLS AT LCHS

Paying for medical bills may be difficult in today's uncertain world. LCHS has many options available to help. One of the best pieces of advice is to be proactive and not reactive. If you are needing lab tests, radiological tests such as a CT scan or MRI, or a surgical procedure don't be afraid to ask questions about the cost.

LCHS can help you figure out how much you will owe. One of the first options is to set up a payment plan. This payment plan needs to be paid monthly by you.

Another option, if you are financially struggling or have had a life changing event would be to apply for financial assistance. Financial assistance is based on your household income and the number of people living in your home. Financial assistance could reduce the amount you owe from 10%-95%.

Together LCHS and The Bank of Oakley also provide a service for patient loans through Epic River. These loans are for medical expenses incurred at LCHS only. The loan does charge simple interest, but is a lot cheaper than putting it on your credit card.

If you have any questions or need more information please contact the Patient Financial Counselor, Cathy Good at 785-672-3211, or email her at cgood@lchoakley.com.

LOGAN COUNTY HOSPITAL RECOGNIZED FOR PATIENT SAFETY ACHIEVEMENTS

Logan County Hospital is among 115 hospitals statewide being recognized for its exemplary achievements to improve patient safety.

The Kansas Healthcare Collaborative (KHC) recognized Kansas hospitals recently at the conclusion of the AHA/HRET Network – a major patient safety initiative spearheaded by the American Hospital Association/Health Research & Educational Trust (AHA/HRET) and coordinated in Kansas by KHC.

Logan County Hospital received "Highest Achievement" recognition for working toward AHA/HRET Network goals set by the Centers for Medicare & Medicaid Services (CMS) to reduce hospital-acquired conditions and preventable readmissions. Their achievement includes demonstrating improvement in 10/13 milestones with focus on improving patient safety, health outcomes and implementing the Patient, Resident, Family Advisory Council.

"We are pleased to receive this special recognition of our team's patient-focused efforts to provide the best care possible to those we serve," said Mel Snow, CEO of Logan County Hospital. "Working with the Kansas Healthcare Collaborative and its partners – as well as side-by-side with our peers across the state and with national experts – has provided our team with the opportunity to advance patient safety and health outcomes more efficiently and effectively."

Since October 2016, more than 115 Kansas hospitals have worked collaboratively with KHC to achieve a 20 percent reduction in hospital-acquired conditions and a 12 percent reduction in 30-day hospital readmissions from 2014 baselines. Participating hospitals placed special focus on reducing patient harm, such as falls, adverse drug events, hospital-acquired infections, and pressure injuries. Hospitals also made progress in implementing key strategies for promoting health equality and patient and family engagement.

"We extend our congratulations and gratitude to all the hospitals across Kansas who participated in the AHA/HRET Network," said KHC Executive Director Allison Peterson DeGroff. "For several years, this community of collaborative peers has inspired and driven each other to excel in leading data-driven quality improvement. It is challenging work – and it is critical work. Each hospital's incremental changes lead to an exponential impact on the lives of patients and their families."



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