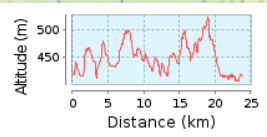


# Mt Crawford 2017 Medium Course



23.89 km (round trip)

Total climb: 454 m, Total descent: 454 m

Altitude range 117 m (Altitude from: 406 m to 523 m)