

Nutrition Facts

Better Than Mom's Meatloaf Beef

Amount Per Serving**Calories** 452

Calories from Fat 251.3

% Daily Value***Total Fat** 28.2g **43%**Saturated Fat 10.8g **54%***Trans* Fat 1.4g**Cholesterol** 148.5mg **49%****Sodium** 718.6mg **30%****Total Carbohydrates** 15.4g **5%**Dietary Fiber 0.9g **4%**

Sugars 9g

Protein 33.4g

Vitamin A **0%****Vitamin C** **2%****Calcium** **3%****Iron** **19%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.