

## Pledges

Registration fee will be waived for people collecting pledges totaling \$100 or more. Collected pledges must be turned in with the registration form in order to qualify. Make checks payable to DARC.

Donor's Name \_\_\_\_\_ Donation Amount \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

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Pledges Collected \_\_\_\_\_

Facebook Pledges \_\_\_\_\_

**TOTAL PLEDGES COLLECTED:** \_\_\_\_\_

*The Dementia & Alzheimer's Resource Committee is a non-profit organization (501c3). All donations or contributions are tax deductible as allowed by law.*


## About us

In 2014, the Dementia & Alzheimer's Resource Committee was formed with a group of dedicated health and human service professionals and caregivers. We are now a 501c3 with a Board of Directors and an active membership committee. We support caregivers and those living with dementia and Alzheimer's disease through awareness, education, respite care grants, and resource referral.

In 2015, we hosted the first annual Alzheimer's Walk in Port Huron. We continue to celebrate the lives of those living with dementia and Alzheimer's disease while bringing caregivers and their families together. This annual event held in September, has raised thousands of dollars to support research, education, and to provide respite grants for our local caregivers.

### Connect with us:

 [www.darcsc.org](http://www.darcsc.org)

 810-990-9558

 @darcsc



# 5th ANNUAL ALZHEIMER'S WALK & 5K RUN

**Saturday, September 21, 2019**

**Early Registration Fee: \$25.00 on or before August 30**

**Late Registration Fee: \$30.00 after September 1**

### Day of Event

**Registration: 7:30-8:45 a.m.**

**5K Runners start time 9:00 a.m.**

**With walk to follow**



**Location:  
Kiefer Park  
Bard Street  
Port Huron**

*Kiefer Park is located north of the Municipal Office Center  
100 McMorrin Blvd  
Port Huron*

## Registration Information

### Entry fee on or before August 30

- ♦Adults 18 & older **\$25.00** includes shirt
- ♦Child 17 & under **\$10.00** with shirt or FREE without shirt
- ♦School run clubs **\$10.00**
- ♦Family or professional caregivers assisting a loved one with dementia or Alzheimer's **\$10.00** with shirt or FREE without shirt

### Late Entry fee after September 1

- ♦Adults 18 & older **\$30.00** shirt is not guaranteed

### Registration on-line is available at:

<https://runsignup.com/alzsignup>

### Register by mail or in person at:

DARC (inside Council on Aging)  
600 Grand River Ave.  
Port Huron, MI 48060

### Pledges of \$100 or more

Registration fee will be waived for all participants who raise at least \$100 in pledges. Track your pledges on this form or pledges may be made through your **Facebook** page.

Click **Fundraisers** in the left menu of your News Feed. Click **Raise Money**. Select **Nonprofit/Charity**. Type in **Dementia and Alzheimers Resource Committee, Inc.** Select our organization and fill in the fundraiser details. Click **Create**. Invite your friends and family to donate!

Pledges and registration form must be received by **August 30** to guarantee shirt.



## Walk & 5K Run Details

**Location:** Kiefer Park, Bard Street, Port Huron. The park is located north of the Municipal Office Center, 100 McMorran Blvd, Port Huron.

**Starting Times:** 5K runners start time is 9:00 a.m. and will include bib timing. The Alzheimer's Walk will follow.

**Course Details:** Walk and 5K Run will begin and end at Kiefer park. Kiefer Park offers a riverfront walkway and breathtaking view of the water. The walk will begin at Kiefer Park and turn-around near Pine Grove Park. The 5K run will continue on towards the Blue Water Bridge before returning to the park.

**Awards:** Overall male/female winners. Top 3 male and female finishers in each age category.

**About:** DARC invites runners of all levels—from marathoners to casual runners. Participants are welcome to walk the course as well.

### Shirt pick up will be available on:

Friday, September 20, 2019; 10:00 a.m.—5:00 p.m. Elite Feet, 327 Huron Ave, Port Huron, MI 48060 or Saturday 7:30—8:45 a.m. at Kiefer Park.

**Questions:** please call Bridget 810-650-3770 or email [bwhitican@gmail.com](mailto:bwhitican@gmail.com)

**Thank you for supporting caregivers and those living with dementia and Alzheimer's disease!**

## Registration

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Gender:  Male  Female

Caregiver:  Yes  No

### Early Registration on or before August 30, 2019

- Adult 18 & older **\$25** includes shirt
- Child 17 & under **\$10** with shirt or  FREE without shirt
- School run club **\$10**
- Caregiver/assistant **\$10** with shirt or  FREE without shirt

### Registration after September 1, 2019 is \$30

For Adult 18 and over - shirt is not guaranteed

### Shirt size:

Adult Sizes:  S  M  L  XL

2XL  3XL

Child Sizes:  S  M  L  XL

How did you hear about this event? \_\_\_\_\_

Send completed registration to:

DARC  
600 Grand River Ave.  
Port Huron, MI 48060

In consideration of accepting this entry form, I hereby for myself, my heirs, executors and administrators waive and release all rights and claims for damages I may have against the sponsors of this event, their agents, representatives, successors, and assigns of any and all injuries suffered by me at said event, or which may arise out of traveling to, participating in and returning from this event. I further state that I am in proper physical condition to participate in this event. I release the rights to any and all photographic materials and computer information the race committee may release from this event without obligation to me.

\_\_\_\_\_  
Signature (or parent, if under age 18)