

# RED WILLOW COUNTY HEALTH DEPARTMENT

1400 West 5<sup>th</sup> McCook, NE 69001 308-345-1790

## CALENDAR OF EVENTS – SEPTEMBER 2021

- SEPT 2 - THURS AM LABS @ HEALTH FAIR PRICES-APPT ONLY  
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am  
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- SEPT 7 - TUES Blood Pressure Clinic @ McCook Housing 9:45-10:15 am  
Blood Pressure Clinic @ East Ward Village 10:30-11:00 am  
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am  
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- SEPT 9 - THURS AM LABS @ HEALTH FAIR PRICES-APPT ONLY  
Senior Fun Fair @ Auditorium 9am-3pm  
Exercise Class Cancelled
- SEPT 14 - TUES FALL HEALTH FAIR 7:30 AM-10 AM  
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am  
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- SEPT 16 - THURS FALL HEALTH FAIR 7:30 AM-10 AM  
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am  
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- SEPT 17 - FRI FALL HEALTH FAIR 7:30 AM-10 AM  
Blood Pressure Clinic @ Red Willow Co. Courthouse 11:00-11:30 am
- SEPT 21 - TUES FALL HEALTH FAIR 7:30 AM-10 AM  
Blood Pressure Clinic @ Kinship Pointe 10:00-10:45 am  
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am  
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- SEPT 22 - WED FALL HEALTH FAIR 7:30 AM-10 AM  
Blood Pressure Clinic @ Highland Park 11:00-11:45 am
- SEPT 23 - THURS FALL HEALTH FAIR 7:30 AM-10 AM  
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am  
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- SEPT 28 - TUES Blood Pressure Clinic @ Sehnert's Bakery 9:45-10:45 am  
Blood Pressure Clinic @ Heritage Senior Center 11:00-11:45 am  
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm

***\*PFIZER COVID-19 VACCINE AVAILABLE FOR ON TUES/THURS BY APPT ONLY.***

**Red Willow County Health Department Services Available:** Adult & Children Vaccinations, Influenza Vaccinations, Foot Care, Lab Draws, Newborn Baby Visits, Exercise Classes, School Health Screenings, School Immunizations Clinics, & Free Blood Pressure Checks. For more information call the Red Willow County Health Department at 1-308-345-1790 or 1-877-250-2057. These services are also available for people who live outside Red Willow County.