

RED WILLOW COUNTY HEALTH DEPARTMENT

1400 West 5th McCook, NE 69001 308-345-1790

CALENDAR OF EVENTS – AUGUST 2021

- AUG 3 - TUES Blood Pressure Clinic @ Highland Park 10:00-10:45 am
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- AUG 5 - THURS AM LABS @ HEALTH FAIR PRICES-APPT ONLY
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- AUG 10 & 12 - Exercise Class Cancelled
- AUG 17 - TUES Blood Pressure Clinic @ McCook Housing 9:45-10:15 am
Blood Pressure Clinic @ East Ward Village 10:30-11:00 am
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- AUG 19 - THURS AM LABS @ HEALTH FAIR PRICES-APPT ONLY
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- AUG 24 - TUES Blood Pressure Clinic @ Kinship Pointe 10:00-10:45 am
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- AUG 26 - THURS AM LABS @ HEALTH FAIR PRICES-APPT ONLY
Blood Pressure Clinic @ Red Willow Co. Courthouse 10:15-10:45 am
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- AUG 31- THURS Blood Pressure Clinic @ Sehnert's Bakery 9:45-10:45 am
Blood Pressure Clinic @ Heritage Senior Center 11:00-11:45 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm

*****WE DO HAVE SCHOOL IMMUNIZATIONS AVAILABLE FOR ALL AGES. KINDERGARTEN, 7TH GRADE, & COLLEGE IMMUNIZATIONS AVAILABLE BY WALK-IN OR APPOINTMENT. KINDERGARTENERS WILL BE ENTERED IN DRAWING FOR SCHOOL SUPPLIES AND BACKPACK!**

*****2021 FALL HEALTH FAIR-SEPTEMBER 14th, 16th, 17th, 21st, 22nd, & 23rd**

Red Willow County Health Department Services Available: Adult & Children Vaccinations, Influenza Vaccinations, Foot Care, Lab Draws, Newborn Baby Visits, Exercise Classes, School Health Screenings, School Immunizations Clinics, & Free Blood Pressure Checks. For more information call the Red Willow County Health Department at 1-308-345-1790 or 1-877-250-2057. These services are also available for people who live outside Red Willow County.