

RED WILLOW COUNTY HEALTH DEPARTMENT

1400 West 5th McCook, NE 69001 308-345-1790

CALENDAR OF EVENTS – MAY 2021

- MAY 4 - TUES Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- MAY 6 - THURS Blood Pressure Clinic @ Highland Park 10:15-10:45 am
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- MAY 11 - TUES Blood Pressure Clinic @ McCook Housing 9:45-10:15 am
Blood Pressure Clinic @ East Ward Village 10:30-11:00 am
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- MAY 13 - THURS Exercise Class CANCELLED
- MAY 18 - TUES Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- MAY 20- THURS Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- MAY 25-TUES Blood Pressure Clinic @ Sehnert's Bakery 10:00-10:45 am
Blood Pressure Clinic @ Heritage Senior Center 11:00-11:45 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- MAY 27-THURS Blood Pressure Clinic @ Red Willow Co. Courthouse 10:15-10:45 am
Exercise Class w/Kristen @ East Ward Village 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm

******WE DO HAVE COVID-19 VACCINE AVAILABLE-WE ARE NOW VACCINATING ANYONE 18 YRS OF AGE AND OLDER. THE VACCINE IS FREE TO EVERYONE. PLEASE CALL 345-1790 TO SCHEDULE AN APPOINTMENT.***

Red Willow County Health Department Services Available: Adult & Children Vaccinations, Influenza Vaccinations, Foot Care, Lab Draws, Newborn Baby Visits, Exercise Classes, School Health Screenings, School Immunizations Clinics, & Free Blood Pressure Checks. For more information call the Red Willow County Health Department at 345-1790 or 1-877-250-2057. These services are also available for people who live outside Red Willow County.