

# Track Tryouts

## 7<sup>th</sup> & 8<sup>th</sup> Grade, Boys & Girls

Date: Saturday, December 5<sup>th</sup>

Time: 8am – 10am

Your child must have turned in a completed Athletic Physical to Coach Daigre before he/she may participate in the tryouts. You can print out a blank copy of the physical form off of the NMS school website on the sports page or pick up a copy from the school office. If your child has participated in a sport at NMS this school year, you will not need to obtain another physical.

The following criteria will be considered in selecting the NMS Track Team:

1. Grades along with discussions with your child's teachers and current coaches concerning their work habits, behavior, character, listening and following directions
2. Track Skills
3. Effort given during tryouts and the ability to work as a team with other players

Print Students Name Here: \_\_\_\_\_ has my permission to participate in the NMS Track Tryouts on December 5<sup>th</sup>.

Parent Signature \_\_\_\_\_

Return this form to Coach Daigre by Friday, December 4<sup>th</sup>, along with a completed Athletic Physical. If you have any questions you may email Coach Daigre at [micahel.daigre@zacharyschools.org](mailto:micahel.daigre@zacharyschools.org).