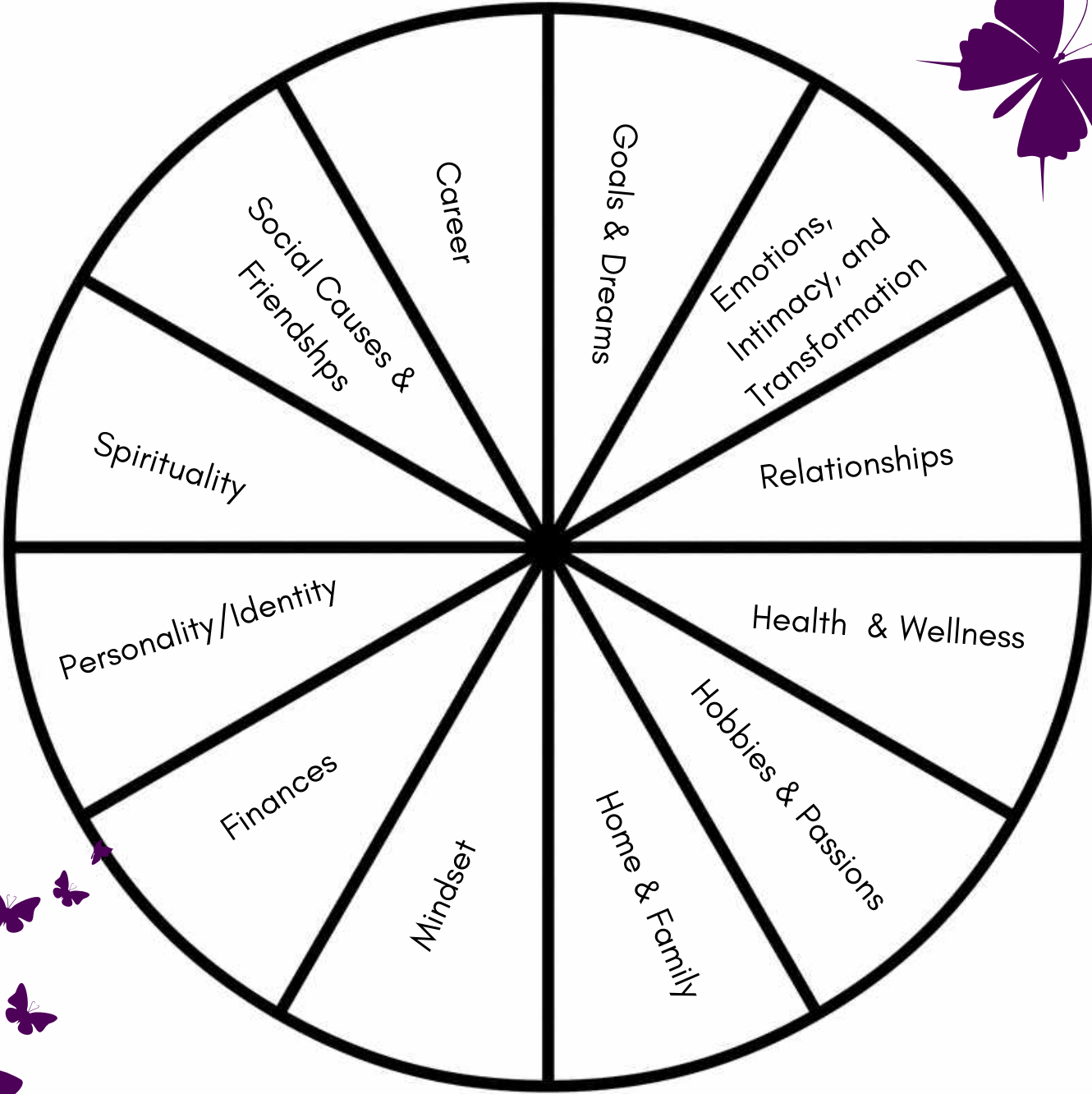


# Iron Gypsy Astrology & Coaching

## *Wheel of Life*



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## *Wheel of Life*

### **Step 1**

Identify the area of the wheel of life that you feel most grateful for. Acknowledge your gratitude with a paragraph in your journal.

### **Step 2**

Identify the area of the wheel of life where you would like to make some magic! Journal the following:

*If possibilities are limitless, what change would I like to see?  
What value would this add to my life?*

### **Step 3**

Come up with one measurable goal in this area of life you would like to focus on for the next month.

Post the goal somewhere you will see it throughout the month.

*What resources are available to help you?*

*What is the first action you will take?*

Repeat this process monthly as needed!