

#### **Program Overview**

Summer Academy is an extension of New HYTEs' flagship after-school program: **TEaM** (Tennis, Education & Mentoring) serving students from New Haven public schools.

A partnership with Yale University Athletics, both programs seek to enhance educational outcomes. improve health and fitness and increase positive choices of our students.

Over four weeks in July, the Summer Academy engages 30+ youth in thematic programming with a social and civic focus, enhancing students' understanding of current events and exploring their community.

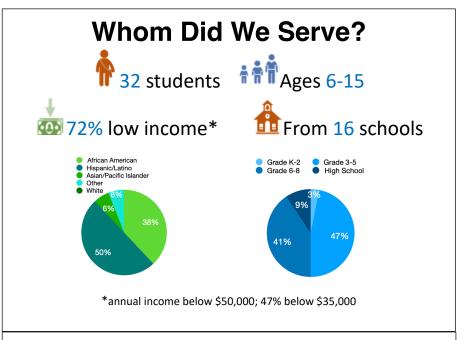
Tennis and fitness instruction promote physical wellness. Lessons emphasize, teamwork, critical thinking and character development.

#### **TEaM Virtual Summer Academy:**

This year, COVID-19 presented unforeseen challenges and we shouldered a greater responsibility to our families. We adapted to sustain the quality of the program, while providing our scholars a sense of knowledge, community, and wellness.

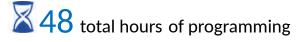
A program supported by: **USTA Foundation** 

# **TEaM Summer Academy 2020** "Learning in the time of COVID-19"



## How Much Did We Do?

4 days per week, 3 hours per day, for 4 weeks



645 mins of tennis per day



52 hours of volunteer time

- Enrichment activities 8 COVID-19 lessons by Dr. Sarwat Chaudhry, Yale School of Medicine; 4 Yale School of Management guest mentoring series; TEaM Book Club series; 8 Coding lessons; 16 Character-building lessons.
- Tennis USTA Foundation NJTL essay; Swing Path Development via Rhabit & USTA Net Generation videos.
- Health & wellness activities 16 Yoga & Meditation lessons, **16** fast fitness sessions.
- Special Projects 4 art projects; 4 Kahoot! TEaM challenges; COVID-19 time capsule, Vision Boards.

### How Well Did We Do It?

93% Daily Program Attendance

70% Student retention from previous year 60% Participate in New HYTEs' Junior Tennis Team

Staff/student ratio: 1:8 Adult/student ratio (including volunteers): 1:4

Cost to families: **Free** Total program cost per student = \$2,500

## What Difference Do We Make?

Summer Academy makes a difference in students' behavior, attitudes, knowledge and skills.

### **Changing lives**

"I have become a better student because of New HYTES and their support with my reading. I always wanted to give up but New HYTES did not let me, they helped me. I got a most improved reading award and my family was so proud of me because I did not give up.

Tennis has taught me how to have better sportsmanship. In my year of being with New HYTES I have learned a lot about being a part of a team. I have been a part of a competition where I learned that we can't win them all, and I also learned that we can't give up, that practice makes perfect.

As a tennis player success is to have good sportsmanship and to keep practicing. As citizen success is to make sure to complete all my jobs and responsibilities and help those in need. New HYTES taught me to never give up no matter how hard it gets, and when I need help to just ask."

#### - Aidan 3rd grade / USTA Foundation NJTL Essay

"I feel successful at New HYTEs. I feel ready for anything my coaches say and I work hard and help people for respect. There's a lot of respect here. I feel like I'm in a place where I belong. Success to me as a student is to show respect, as a tennis player is to work hard, and as a citizen is to be kind and respectful. My goal is to become strong and live a healthy life. I will start exercising in my free time and eating more healthy foods like fruits and vegetables."

- Adrian, 4th grade scholar

USTA Foundation NJTL essay



- Vision board by Ahilya (Yellow Ball TEaM)

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