



Group Exercise Schedule

RUSSELLVILLE ROAD

January 2021

Happy New Year!!

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30-9:30am		F.I.T. Chandler			Zumba Ana		
9:30-10:30am						Yoga Sara	
4:30-5:30pm							
5:30-6:30pm		1/4 Bootcamp (Rous) 1/11 Stronger (Grace) 1/18 Bootcamp (Amy) 1/25 Stronger (Grace)	Power Up Peggy	Zumba Julia	F.I.T. Peggy	Zumba Julia	