Dear Friends,

Happy (almost) Spring! As I sit here and reflect on the fact that we, here at STLF, are halfway through our 10\textsuperscript{th} fiscal year of helping youth in crisis, I am struck with intense gratitude. We like to say that STLF is a “small but mighty” organization. And the “mighty” is truly all of you. We could not do what we do, and help the families we help, without your support. From our very first family 10 years ago to our daily applications today, you are the reason we are able to transform lives through wilderness therapy. Today I just want to say thank you. Thank you for your stories of inspiration, thank you for volunteering, thank you for donating, thank you for spreading the word and educating people on the benefits of wilderness, thank you for participating in a pay it forward campaign… thank you simply for your support.

I wish cost wasn’t a barrier and every family in crisis could have access to wilderness therapy. Until that day, we will continue our important work together.

Warmly,

Nancy Frusetta Moore
Executive Director, Sky’s the Limit Fund
Pay it Forward
Cycling for Stu:
2,000 Miles for Mental Health
Meet Sophia Buie, an employee of New Vision Wilderness Therapy for just over three years. Mental health awareness and accessibility to treatment is a huge passion of Sophia's. Her brother, Stu, died this past October from suicide after a long battle with mental health illness.

Sophia decided to take matters into her own hands (or legs as this case may be), determined to make a difference. She partnered with Sky's the Limit Fund raising money to help youth in need of wilderness therapy treatment. Her brother Stu was a big fan of races and bike trips, and she knew just the thing that would make him proud. Sophia decided to pay it forward by riding her bike from San Diego to New Orleans in February, honoring her brother and helping families going through similar challenges.

Sophia rode 100 miles a day through 5 different states – a total of about 2,000 miles. She began her journey on February 2 and finished on February 24. In her own words “…the weather was kind of wild actually! I had one day of snow, several days of rain and a lot of wind… going through the sand dunes in Glamis, Arizona the wind was almost 30 mph… Most days it was barely 30 degrees in the morning, so riding in the morning was a lot of freezing toes!”. However, she barreled through it all knowing that what she was facing was nothing compared to the families trying to help their youth in crisis.

Sophia has raised over $11,000 for Sky's the Limit Fund. If you would like to help her continue to pay it forward, please click the button below. Thank you Sophia for your support! We are honored, humbled and inspired by your journey.

Donate to Sophia’s Fundraiser
Thanks y'all for hangin' out with us at the STLF Country Fest! It was a great evening at San Jose's Forager Tasting Room and Eatery. Grant Barnhill's touching parent testimonial started the evening followed by amazing performances by songwriters Wendell Mobley and Lee Thomas Miller and comedian Paul Conyers. Our MC, San Francisco Bay Area radio personality Hooman Khalili, entertained us all with his witiness and charm. Thank you to those who attended the event. We are so grateful for your continued support of our mission. Click here to see more photos from this event.

Thank you to our event Sponsors, Underwriter & Community Partner
A Simple Way to Pay it Forward

Make Your Birthday More Meaningful with a Facebook Fundraiser for STLF

Facebook makes it super easy to raise money for Sky’s the Limit Fund. These birthday campaigns are easy and becoming the norm. When someone gets your birthday notification via Facebook, they can also see you are raising money for a worthy cause. It is simple for your friends and family to donate. Click here for instructions on how to set up a fundraiser for your birthday!
Pay it Forward
Corporate Matching

STLF donor Paul Kimball recently took advantage of his company's generous matching program to not only double his own contribution, but also make it easy for his colleagues to support Sky's the Limit Fund. "As soon as I found out the organization qualified for matching, I saw that others in my company began donating as well, so the effort continues to bring value beyond my own financial support. All at the cost of just a tiny bit of admin work on my part." Thank you Paul for your donation and pursuing a company match!
Thank You to our Annual Sponsors!
Connect With Us!

Transform a life today simply by supporting us or sharing your story. We would love to hear from you. Email us at info@stlfgives.org or call us at 408-618-8093.

Donate Today

Shop with STLF in mind! Amazon will donate 0.5% of qualifying purchases to Sky's the Limit Fund.

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