



# NORTH BONDII NIPPERS

## POOL SWIM PROFICIENCY CERTIFICATE 2019/2020 NIPPER SEASON (required annually)

A Participation Skill Evaluation is required by all applicants (U8 –U14) wishing to register as a Nipper. This is a compulsory requirement to participate in **any** activity throughout the season.

Your registration can only be accepted once this evaluation is passed. **Please note that the swim must be in freestyle, and must be continuous and unassisted.**

Age Group	Birth Date	Distance	Time	Survival Float
Under 8	1/10/2011 to 30/09/2012 (7 by 30/09/19)	50 m	2.5 min	1.0 min
Under 9	1/10/2010 to 30/09/2011 (8 by 30/09/19)	100 m	4.0 min	1.0 min
Under 10	1/10/2009 to 30/09/2010 (9 by 30/09/19)	150 m	5.0 min	1.5 min
Under 11	1/10/2008 to 30/09/2009 (10 by 30/09/19)	200 m	6.0 min	2.0 min
Under 12	1/10/2007 to 30/09/2008 (11 by 30/09/19)	200 m	5.0 min	2.0 min
Under 13	1/10/2006 to 30/09/2007 (12 by 30/09/19)	200 m	4.5 min	3.0 min
Under 14	1/10/2005 to 30/09/2006 (13 by 30/09/19)	200 m	4.5 min	3.0 min

Nippers have 2 options to complete their pool proficiency. Either:

1). Attend **Tivoli Swim School** (Kambala School, enter via Tivoli Avenue, Rose Bay) on **Saturday 27 July** between **10.15 am and 12.15 pm ONLY** (no exceptions).

OR

2). This form can be completed by your child’s current swim coach.

This form must be returned to the surf club via email at [memberservices@northbondisurfclub.com](mailto:memberservices@northbondisurfclub.com) at the **SAME TIME** you complete your online registration. **File name MUST read “LASTNAME.FIRSTNAME\_SWIM”**

All U9-U14 nippers will also be required to complete an ocean swim which will be coordinated by the Age Manager at the start of the nippers season.

### SWIMMING CERTIFICATE

This Certificate is for \_\_\_\_\_ aged \_\_\_\_\_ years.  
*(please print clearly)*

I have assessed the above-named and confirm that he/she is able to swim freestyle continuous and unassisted for \_\_\_\_\_ metres and float for the required \_\_\_\_\_ minutes.

Assessor’s Name: *(please print)* \_\_\_\_\_

Assessor’s Signature: \_\_\_\_\_

Swim coach/club: \_\_\_\_\_

ASCTA, AUSTSWIM or Swim Australia Teachers/ Coaches number: \_\_\_\_\_