

# CANCER SUPPORT COMMUNITY ARIZONA



*"CSCAZ was there for me when I left the hospital and didn't know where to turn. Now after high school graduation, CSCAZ has helped me find a place to belong again with the Youth Leadership Council."*

*- Natalee Lauro, Teen Participant*



*"Loved ones go through the same stress that cancer patients go through. It is critical they get help, too"*

*-Charles Sanders, Caregiver*



*"What I have experienced at Cancer Support Community has kept me alive.— I have been given strength, hope, courage and support."*

*- Arcelia Lopez, Cancer Survivor*

## OUR MISSION

To ensure that all people impacted by cancer are empowered by knowledge, strengthened by action and sustained by community.

## OUR HISTORY

The Wellness Community, now Cancer Support Community was founded in 1982 by Dr. Harold Benjamin whose wife, Harriet, battled and survived breast cancer. Through their experience with cancer, the Benjamins believed that cancer patients should actively participate in their treatment, "To improve the quality of life and enhance the possibility of recovery." Dr. Benjamin's Patient Active Concept is the center of our philosophy. We opened our doors on Palm Lane in 1999.

## OUR PROGRAM

Cancer Support Community Arizona provides the only comprehensive Program of psychological and social services to people diagnosed with cancer and their loved ones in the state of Arizona. Our services are evidence based and facilitated by licensed mental health Professionals.

- Services include: Emotional Support Groups, Healthy Lifestyle Activities, Resources and Referrals, Educational Seminars and Social Connections.
- Participating in our Program allows people affected by cancer to learn vital skills that enable them to regain control, reduce isolation and restore hope.
- The Institute of Medicine states that it is impossible to deliver quality cancer care without addressing a patient's psychosocial needs and now requires programs, like Cancer Support Community's, be incorporated into all cancer treatment regimes.
- All Cancer Support Community Arizona services are offered at no cost to our members and are funded through the charitable donations from individuals, corporations and foundations. Our annual budget is approximately \$1 Million per year with 80% of that going directly to Program services.
- We are here for over 12,000 annually to ensure they don't face cancer alone.

