

October

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast: 1% white milk, juice and fruit				Cereal & crackers 1 Cheeseburger, fries Baby carrots, lettuce Tomato & fruit	Donuts holes 2 Pizza sticks, chips Cucumbers & fruit	3
4	Mini bagels 5 Popcorn chicken, corn Mashed potatoes, roll Gravy & fruit	Pretzel w/cream cheese 6 Frito pie, beans, cheese Lettuce w/ tomato fruit	Egg & cheese biscuit 7 Corn dogs, fries Cherry tomatoes Rice Krispies & fruit	Mini cinni 8 Burger steak, roasted corn, mashed potatoes Rolls. brown gravy, fruit	Cereal & crackers 9 Meat w/potato burrito Celery & carrots Doritos & fruit	Menu is subject to Change due to availability
Lunch: Fat free chocolate milk or 1% white milk and fruit	Muffin 12 Pork w/red chile, beans Rice ,tortilla & fruit	Oatmeal bar 13 Hard tacos, beans, salsa Lettuce w/ tomatoes Cheese & fruit	Strawberry parfait 14 Chili cheese fries Ranch beans, celery Carrots & fruit	Donuts holes 15 Chicken fried steak, rolls Mashed potatoes, gravy Mix vegetables & fruit	Cereal & crackers 16 Beef fingers, cucumbers Potatoes wedges fruit	17
18	Mini bagel 19 Cheeseburger, fries Baby carrots, lettuce, tomato & fruit	Pretzel w/cream cheese 20 Burger steak, roasted corn, mashed potatoes Rolls, brown gravy, fruit	Egg & cheese biscuit 21 Pizza sticks, chips Cucumbers & fruit	Mini cinni 22 Meat spaghetti Garlic bread Green beans & fruit	Cereal & crackers 23 Corn dogs, fries Cherry tomatoes Rice krispies & fruit	24
25	Muffin 26 Popcorn chicken, corn Mashed potatoes, roll Gravy & fruit	Oatmeal bar 27 Hard tacos, beans, salsa Lettuce w/ tomatoes Cheese & fruit	Strawberry parfait 28 Chili cheese fries Ranch beans, celery Carrots & fruit	Donuts holes 29 Frito pie, beans, cheese Lettuce w/ tomato fruit	Cereal & crackers 30 Ham & cheese croissant Chips, baby carrots Lettuce, tomato & fruit	31
Breakfast is served daily, except when school is delayed						This institution is an equal opportunity provider &employer