

# Additional Resources

## **SELECTED OREGON TRAIL WEB SITES**

**A NICE, UNCLUTTERED MAP OF THE OREGON TRAIL:**

<http://start-wa.com/trailmap.gif>

**Q. AND A. ABOUT THE OREGON TRAIL – A GREAT SITE FOR INFO, DIARIES, RESOURCES AND CURRENT INFO REGARDING WHAT IS LEFT OF THE TRAIL**

<http://www.octa-trails.org/learn>

**WAGONS:**

<http://www.oregontrailcenter.org/HistoricalTrails/TheWagon.htm>

[http://www.pkwy.k12.mo.us/homepage/belfourth/file/social\\_studies/types\\_of\\_covered\\_wagons.pdf](http://www.pkwy.k12.mo.us/homepage/belfourth/file/social_studies/types_of_covered_wagons.pdf)

**PACKING YOUR COVERED WAGON – ACTIVITIES FOR STUDENTS**

<http://www.laurasprairiehouse.com/crafts/packingyourcoveredwagon.html>

**NATIVE AMERICANS ON THE OREGON TRAIL:**

<http://www.oregontrailcenter.org/HistoricalTrails/Indians.htm>

**WOMEN ON THE TRAIL:**

<http://www.pioneerswest.com/pioneerwomen.html>

**KIDS ON THE OREGON TRAIL:**

<http://www.blm.gov/or/oregontrail/education-kids-trail.php>

**OXEN:**

<http://www.liveanimalslist.com/mammals/ox.php>

**TRAINING CALVES TO BECOME OXEN – HOW MANY PROBABLY DID IT:**

<http://www.countrysidemag.com/training-oxen-start-with-calves/>

**DISEASE ETIOLOGY IN THE MID-1800S:**

<http://www.sciencemuseum.org.uk/broughttolife/techniques/miasmatheory.aspx>

**THE DISCOVERY OF THE IMPORTANCE OF HAND-WASHING OCCURRED TOO LATE TO HELP THE EMIGRANTS:**

<http://www.hardydiagnostics.com/articles/semmelweis-and-handwashing.pdf>

**DISEASES ON THE OREGON TRAIL:**

<http://www.aphlblog.org/2012/02/the-diseases-of-the-oregon-trail/>

**THE NACHES BRANCH OF THE OREGON TRAIL:**

<http://www.nachestrail.org/>

GREAT INTERACTIVE WESTERN TRAILS MAP SITE FOR YOUR STUDENTS:  
[http://www.eduplace.com/kids/socsci/books/applications/imaps/maps/g3\\_u3/](http://www.eduplace.com/kids/socsci/books/applications/imaps/maps/g3_u3/)

BARLOW ROAD HISTORY AND PHOTOGRAPHS – PRIMARILY FOR THE  
BENEFIT OF TEACHERS RATHER THAN STUDENTS:  
[http://columbiariverimages.com/Regions/Places/barlow\\_road.html](http://columbiariverimages.com/Regions/Places/barlow_road.html)

A GREAT SITE FOR STORIES AND INFO ABOUT CHILDREN, MEDICINE ETC.  
ON THE TRAIL:  
<http://www.octa-trails.org/people--stories>

THE DIARY OF AMELIA STEWART KNIGHT:

Somehow with seven children Mrs. Knight managed to find time to keep a revealing diary that provides delightful insights into the Oregon Trail journey from a mother's point of view. Only after she delivered her eighth child does the reader learn that she was already in her second trimester when they left Iowa. (Her diary and home-made laptop desk are in the University of Washington archives.)

[http://mrdeeteacher.webs.com/39\\_THE%20DIARY%20AMELIA%20STUART%20KNIGHT%2013.pdf](http://mrdeeteacher.webs.com/39_THE%20DIARY%20AMELIA%20STUART%20KNIGHT%2013.pdf)

### **A BRIEF RECOMMENDED READING LIST FOR THE ALWAYS BUSY TEACHER**

1. This book is on virtually every professional and amateur western history buff's list of must-reading about the Oregon Trail – usually in first place or close to it because of the author's incredibly thorough research. It is a very comprehensive, but easy to read, classic. "A narrative history as pleasing as a novel." wrote Robert Gish of the Kansas City Star.

**John D. Unruh, Jr., *The Plains Across, The Overland Emigrants and the Trans-Mississippi West, 1840-1860*, University of Illinois Press, 1979.  
ISBN 0-252-00968-1**

2. This is a delightful telling of the story of the Oregon Trail journey of Puyallup's Mary Ann and Willis Boatman. It's an amalgam of the stories they individually told in their later years; she in a memoir for her family, he in an interview with a reporter from the Tacoma Ledger. It is overlaid with accounts from other travelers, as well as a view of the landscape as seen through the expert eyes of the author, their great-grandson, Weldon

Rau. PhD (in geology.) His descriptions of the Trail terrain are informed by his extensive on-site exploration.

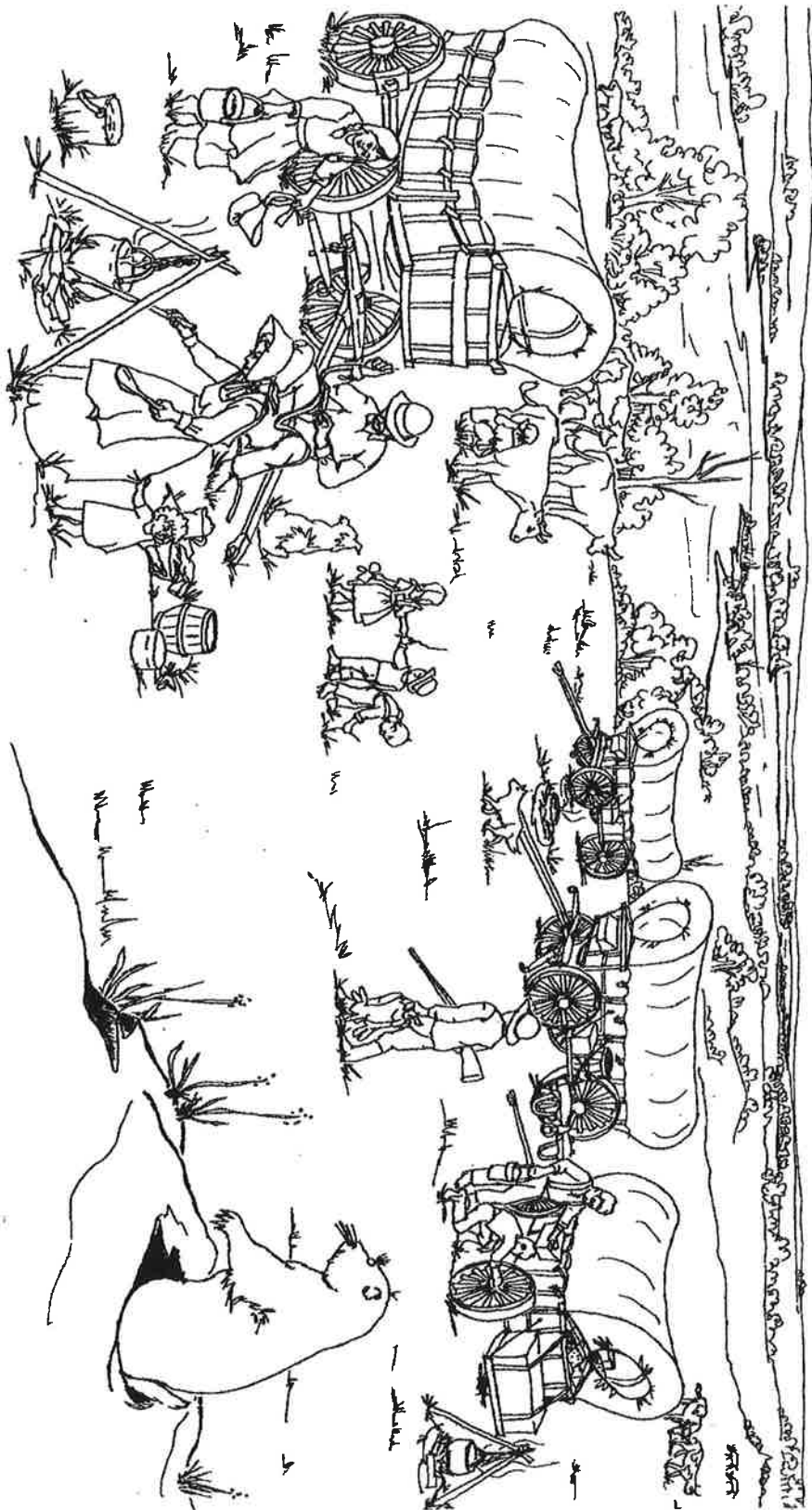
A long time resident of Thurston County WA, at age 96 as of this date (Nov 2, 2015) Dr. Rau is still actively involved in sharing his love of the Trail and promoting its preservation.

**Weldon Willis Rau, *Surviving the Oregon Trail 1852*, Washington State University Press, Pullman, 2001, ISBN 0-87422-238-9**

3. Ezra Meeker earned the sobriquet *Champion of the Oregon Trail* because of his travels in 1852, 1906, and 1910 with oxen and a wagon, in 1916 in a borrowed car, and in 1924 in an airplane provided by the War Department. And by lecturing and writing about the Trail, over and over.

This 1906 description of his first crossing, with his 17 year old wife and baby, quickly went into several reprints.

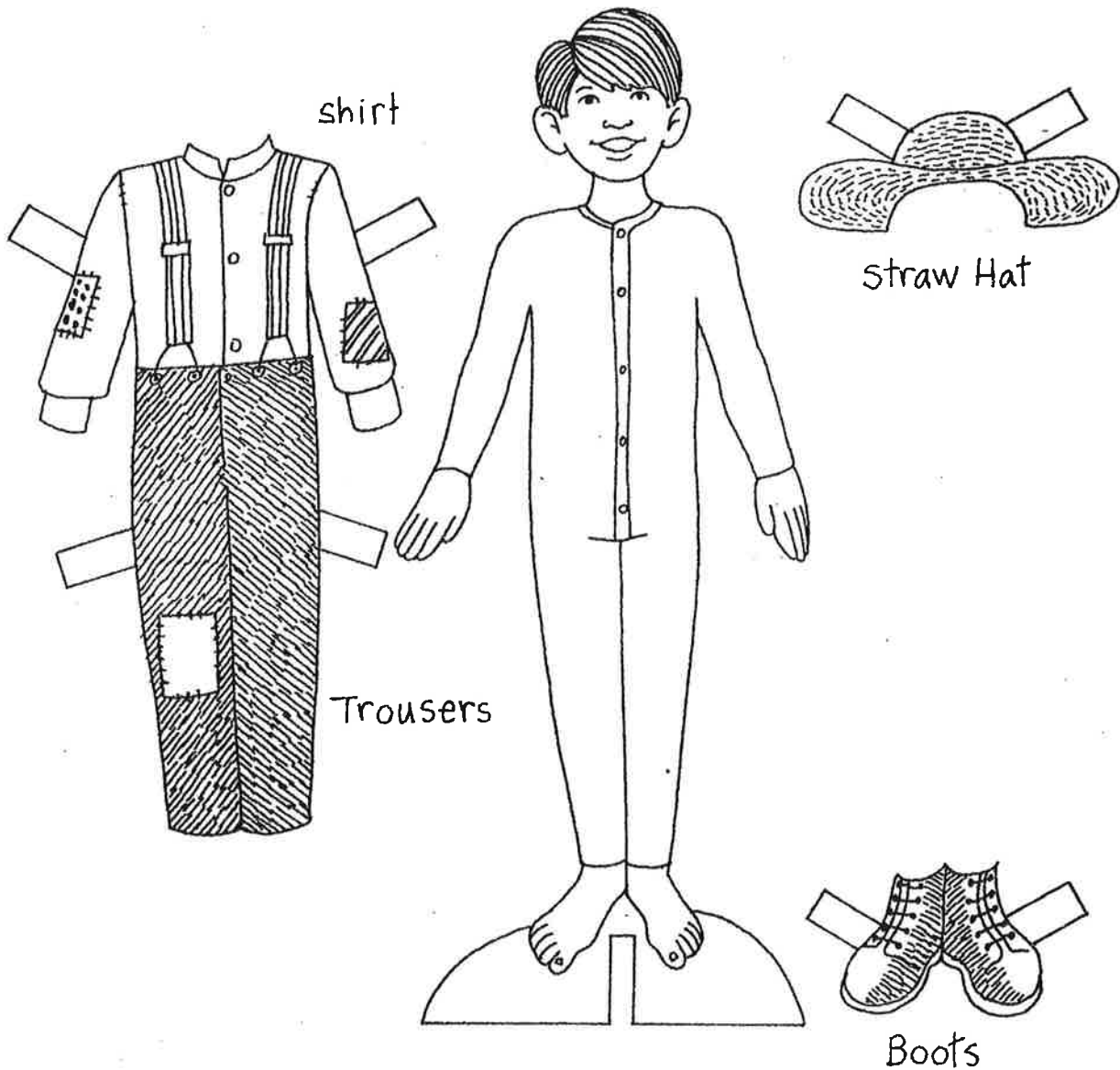
**Ezra Meeker, *The Ox Team or the Old Oregon Trail 1852-1906*, Published by the author, New York, NY (various editions)**



# Pioneer Paper Dolls: Boy (page two)

Country boys like those described in the "Little House" series dressed like little men. Their shirts, pants, and jackets were often patched and repatched. Because belt loops did not become popular until the 1900s, pants were held up with *braces*, or suspenders. Boys often ran barefoot in the summer, which saved on shoes.

**To Make:** Glue this page to poster board. When it dries, color, then cut out the pioneer boy and his clothes.



# Pioneer Paper Dolls: Girl (page one)

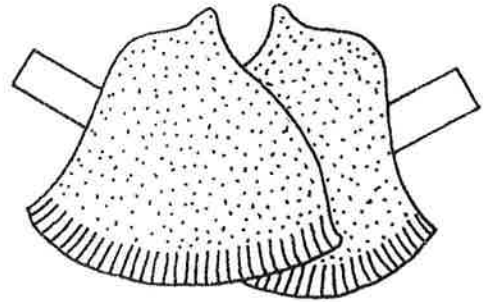
Laura, Mary, and Ma sewed almost all of the family's clothes by hand until Pa surprised Ma with a sewing machine in *These Happy Golden Years*. Laura and her family wore clothes like the ones you will see on these pages.

Country girls like Laura usually wore dresses made from calico (cotton printed with small flowers). Sometimes their dresses were lined with canvas for extra warmth. They never wore pants—even when milking the cows or working in the field.

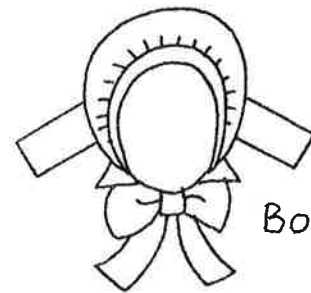
**To Make:** Glue this page to poster board. When it dries, color, then cut out the pioneer girl and her clothes.



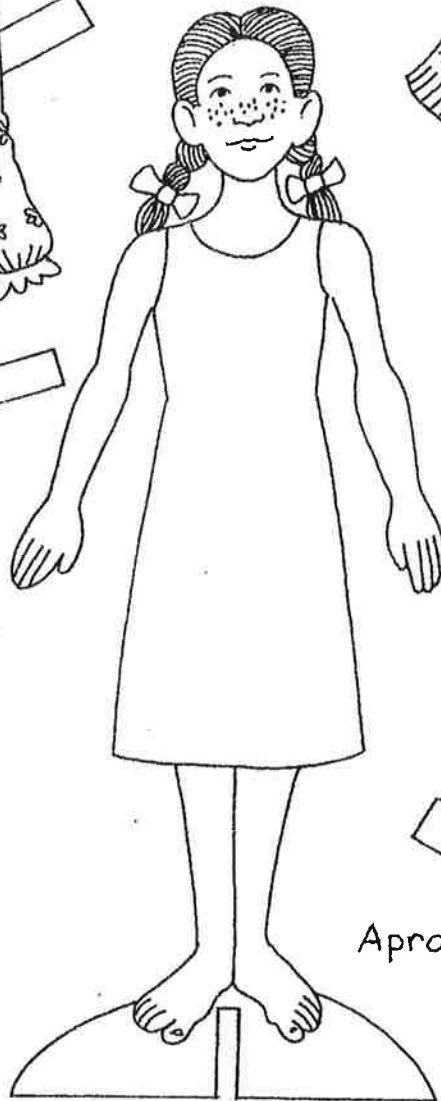
Dress



Shawl



Bonnet



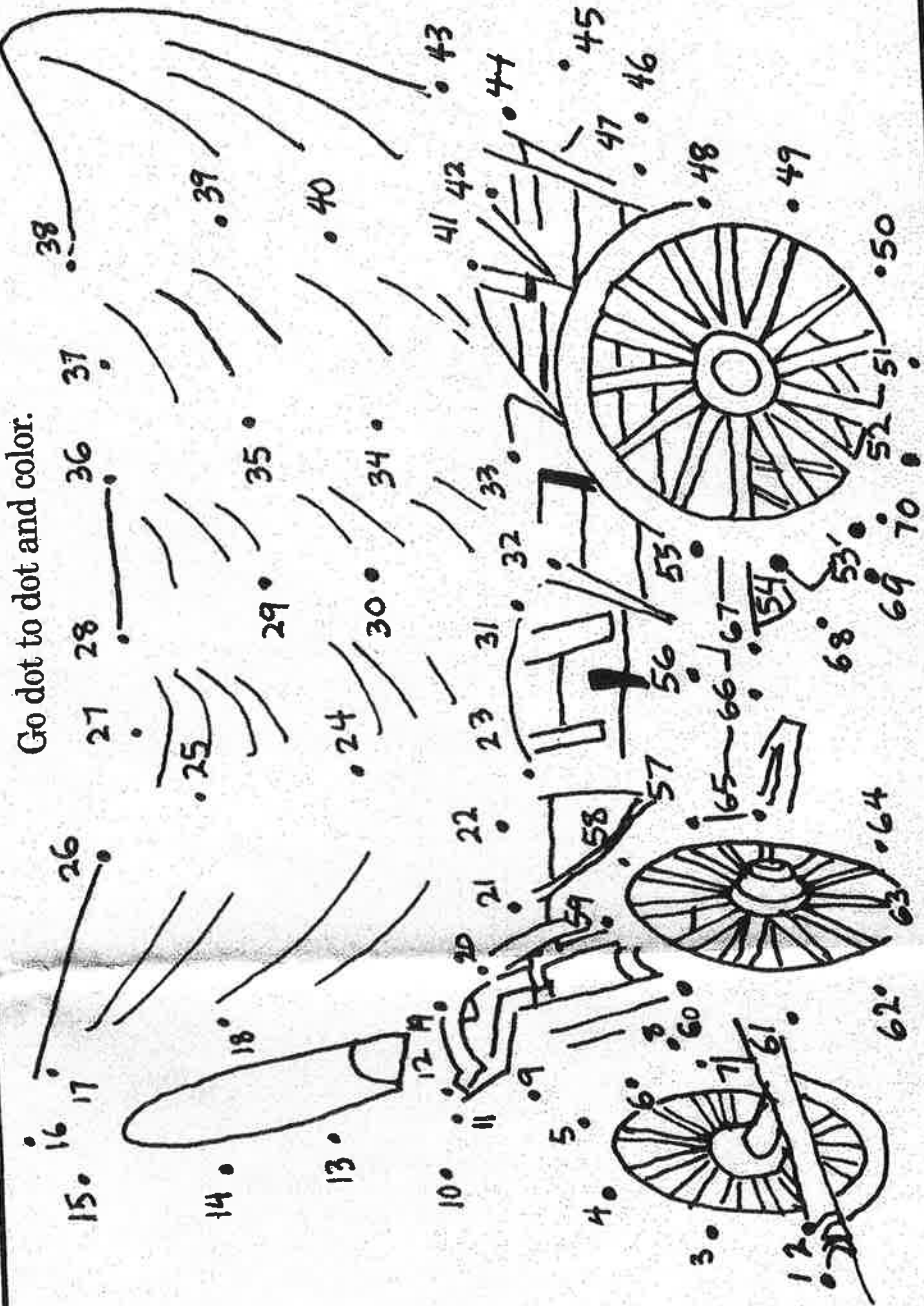
Apron



Shoes

The Mini Page Map of the U.S.A. is a colorful 23-by-35-inch map that includes state capitals, state birds and state flowers. For your copy, send \$3 plus 75 cents postage and handling per copy to: **Mini Page Map**, Andrews and McMeel, P.O. Box 419242, Kansas City, Mo. 64141.

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