VOLUNTEER OPPORTUNITIES

Violence Intervention and Prevention (requires 40-hour Domestic Violence and Sexual Assault training):
☐ Community Outreach: Attend community fairs and events to provide information about the services that Health Imperatives provides
☐ Facilitate activities at Penelope’s Place, our domestic violence shelter, such as yoga, meditation, arts and crafts, and more
☐ Provide childcare while parents are in meetings or counseling sessions
☐ Become a peer mentor for a survivor of violence by supporting goals around housing, education, employment, financial empowerment, and health & wellness
☐ Medical Advocacy: Support survivors at local hospitals following an assault to provide information, resources, and emotional support
☐ Make a meal for the residents of the shelter or provide recipes to residents to use
☐ **Survivor Speakers Bureau**: Share your story as a survivor to educate others about sexual and/or domestic violence (40-hour training not required; 2 hour training offered 2x/year required)

**Health Intervention and Prevention**:
☐ Support administrative tasks at various HIP offices, i.e. organizing and arranging files, purging paper charts, scanning records, updating patient referral information, etc.
☐ Provide office support and reception at various HIP offices, i.e. answering phones, making reminder calls to clients about appointments, greeting clients in the office, providing childcare while parents are in appointments
☐ Compile and maintain a resource pamphlet with information about community partners and services

**Outreach and event support**:
☐ Organize an on-campus event to raise awareness about domestic violence and sexual assault, and to educate others about healthy relationships and consent
☐ Staff event tables for the WIC program at outdoor festivals and weekend farmers markets
☐ Provide translation services to help us create multi-lingual promotion and outreach materials
☐ Hang flyers in your community about available services
☐ Support HI’s fundraising events with preparation, organizing materials, set up and break down
☐ Lobby for crucial bills related to health care by calling or visiting your representatives and tracking legislation related to our mission
☐ Participate in focus groups to help us improve service delivery

**Group Opportunities**:
☐ Host a holiday-themed activity at Penelope’s Place for the families at the shelter
☐ Organize your workplace or community to donate toiletry items, home goods, baby items, or gift cards for residents in our domestic violence shelter, families participating in Healthy Families, a program for young parents
☐ Organize a fundraising or friend-raising event in your town, with your classmates, or your colleagues
☐ Have your classmates wear purple throughout the month of October to raise awareness for domestic violence

Interested in getting involved? We have regional offices throughout Southeastern MA. Contact us today!

www.healthimperatives.org | volunteer@healthimperatives.org
508-583-3005