



A Plus Adult Pickleball Programs at the Burke Racquet & Swim Club

January-February 2021

Preregistration required for all programs

We are committed to providing the safest environment for teaching and playing pickleball during a pandemic. Our Saturday night pickleball parties and daytime drop-in play sessions are temporarily postponed. See below for our instructional program (taught by Helen White, PPR Certified Coach and BRSC Director of Pickleball) and how to reserve a pickleball court.

Introduction to Pickleball

New to Pickleball? Join the fun! You'll learn footwork, ball control skills, contact point, and how to dink and volley. Paddles and balls provided. Wear non-marking tennis shoes. Adults (age 15+).

January 6: 1:00-2:00pm

February 10: 12:00-1:00pm

January 20: 1:00-2:00pm

February 24: 12:00-1:00pm

Member cost: \$15 per session

Non-Members: \$20 per session

“Hitting with Helen”

Level 1 focuses on learning the basic skills and how to keep score. Level 2 focuses on improving your overall game. Paddles & balls provided. Maximum 4 participants per clinic.

Member cost: \$100

Non-Members: \$120

January 7, 14, 21 and 28

Level 1: 12:00-12:55pm (Novice players)

Level 2: 1:00 - 1:55pm (Prior playing experience required)

February 4, 11, 18, and 25

Level 1: 12:00-12:55pm (Novice players)

Level 2: 1:00 - 1:55pm (Prior playing experience required)

Pickleball Lessons

Weekdays from 7am-4pm and on weekends on a time available basis. Prices are hourly rates.

| | <u>Monday-Friday 7am-4pm</u> | |
|------------------------|-------------------------------------|-------------------|
| | Member | Non-Member |
| Private | \$80 | \$90 |
| Semi-Private | \$45 | \$55 |
| 3 & the Pro | \$35 | \$40 |

Reserve a Pickleball Court!

\$20 per hour per pickleball court (2 courts are available)

There is a \$10 non-member guest fee / player

Monday - Friday 2-4 pm (Note: Call to ask if other times are available.)

Note: BRSC Members can reserve one or both courts 3 days in advance (72 hours before play).

Non-Members can reserve one or both courts 2 days in advance (48 hours before play). You must come with a preformed group (maximum of six players per pickleball court).

For more information and to reserve your spot, contact A Plus Tennis at 703-250-1299 or aplus@aplustennisva.net