

**Alan Nathan, Psy.D.**  
**Psychologist/Psychoanalyst**  
7040 Carroll Avenue  
Suite 2  
Takoma Park, MD 20912  
(301) 442-1713

**EDUCATION & CREDENTIALS:**

**Maryland Licensed Psychologist 04371** **May 2007**

**Virginia Licensed Clinical Psychologist 0810003351** **Dec 2003**

**Psychoanalyst** **June 2018**  
The Psychoanalytic Training Institute of the  
Contemporary Freudian Society

**Psy.D. in Clinical Psychology** **January 2001**  
Long Island University, C. W. Post Campus  
Clinical Psychology Doctoral Program (Psy.D.)

Doctoral Dissertation:  
*"A Parent Development Group for Homeless and Impoverished Mothers and Their Children"*

**Bachelor's of Arts in Psychology** **June 1987**  
City University of New York - Queens College

**Post-Doctoral Professional Experience:**

**Private Practice** **January 2006 - Present**  
**Takoma Park, MD**  
**McLean, VA**

Provide individual relational psychodynamic psychotherapy to adult, young-adult, and adolescent patients. Specialty areas are survivors of childhood interpersonal trauma and adult interpersonal trauma, issues related to cultural identity/diversity, and life transition issues. Provide clinical supervision. Provide professional workshops and seminars on topics including development of psychotherapy relationship skills, management of sexuality within psychotherapy, psychotherapy work with trauma survivors, and the clinical supervision, training, and education of psychotherapists.

**American School of Professional Psychology/** **September 2002 – August 2013**  
**Argosy University**  
**Arlington, VA**

**Position:** Associate Professor – Clinical Psychology Doctoral Program

**Position:** Associate Director of Training (Sept 2002 to June 2003)

**Duties:** Current courses taught: (a) psychodynamic theory & therapy, (b) principles & practice of

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psychotherapy, (c) issues in the assessment and treatment of diverse populations, (d) professionalization group, (e) practicum seminar, and (f) an advanced elective course – relational psychodynamic theory & therapy. Serve as course coordinator for psychodynamic courses. Developed and lead psychodynamic interest group. Serve as academic advisor for a 25 to 30 assigned students per annum and maintain informal mentoring relationships with other students. Serve as chair on four to five new clinical research projects per annum. Serve as chair of the student professional development committee and faculty liaison to the student government association. Serve as member of other campus and program committees. Provide clinical supervision as needed for students on practicum placement.

As Associate Training Director - In cooperation with the Director of Training presided over the placement and evaluation of practicum and internship students at the master's and doctoral level. Developed policies and procedures in the placement process. Developed new practicum sites. Served as liaison with practicum site supervisors toward the provision of quality assurance.

**American School of Professional Psychology/  
Argosy University  
Arlington, VA**

**January 2000 – May 2002**

**Position:** Adjunct faculty - Professional Counseling Master's Program

**Duties:** Courses taught: (a) introductory counseling skills, and (b) human development and learning.

**Fairfax County Community Services Board  
Mental Health Services – Child Abuse & Neglect Program and Youth & Family Program  
Fairfax, VA**

**August 1999 – August 2002**

**Position:** Senior Clinician

**Duties:** Conducted court ordered psychological evaluations of parents and children of diverse cultural backgrounds referred by Child Protective Services (CPS). Conducted feedback sessions with CPS referred parents and children. Provided consultation to CPS and clinical service professionals regarding evaluation outcomes and treatment recommendations. Provided expert witness testimony.

With Youth & Family Program - Provided individual psychodynamic/integrative psychotherapy to children and adolescents of diverse cultural backgrounds many of whom presented with complex trauma related symptoms and personality development issues.

**Supervised Pre-Doctoral Clinical Training:**

**Pre-Doctoral Psychology Internship  
Sagamore Children's Psychiatric Center  
Dix Hills, NY**

**September 1995 - August 1996**

**Duties:** Provided individual psychodynamic psychotherapy to children and adolescents with various diagnosable mental health disorders including post traumatic stress disorder, conduct disorder, mood disorders, substance abuse disorders, and personality disorders; many patients also were diagnosed with learning disabilities and attention deficit/hyperactivity disorder. Conducted psychological evaluations including psychological testing (totaling 45 batteries for the year) and written integrative reports. Participated in treatment and discharge planning as part of an interdisciplinary team. Attended in-service workshops on various treatment and assessment techniques. Maintained patient files.

**Doctoral Externship  
Psychological Services Center  
Long Island University - C.W. Post Campus  
Brookville, NY**

**September 1994 - July 1995**

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**Duties:** Provided individual psychodynamic psychotherapy and individual process-experiential/humanistic psychotherapy to children, adolescents, and adults with various diagnosable mental health disorders including mood disorders, anxiety disorders, personality disorders, and adjustment disorders. Co-led a psycho-educational parenting skills group. Provided consultation to campus day care center on behavioral management of pre-school children. Conducted psychological evaluations including psychological testing and written integrative reports. Conducted intake interviews, developed treatment plans, and maintained patient files. Attended in-service workshops on various treatment and assessment techniques.

**Doctoral Externship**

**September 1993 - June 1994**

**Pride of Judea Community Mental Health Center  
Queens, NY**

**Duties:** Provided individual and family psychodynamic psychotherapy to adults, adolescents, and children with various diagnosable mental health disorders including mood and anxiety disorders, personality disorders, and substance abuse disorders. Conducted psychological evaluations including psychological testing and written integrative reports. Conducted intake interviews, developed treatment plans, and maintained patient files. Attended case conferences and clinical seminars.

**Doctoral Externship**

**September 1992 - June 1993**

**St. Mary's Hospital  
Department of Addiction Services and Department of Psychiatric Services  
Brooklyn, NY**

**Duties:** Observed the daily functioning of the methadone treatment clinic. Provided individual counseling to dually diagnosed adults. Attended case conferences.

**Pre-doctoral Clinical Employment**

**Northern Westchester Guidance Clinic  
Outpatient Clinic and Crossroads Program  
Mt. Kisco, NY**

**September 1996 – September 1997**

**Position:** Staff Clinician

**Duties:** Provided individual psychodynamic psychotherapy to children and adolescents of diverse cultural backgrounds for various diagnosable mental health disorders including mood disorders, anxiety disorders, pervasive developmental disorders, and personality disorders and for trauma related emotional and behavioral problems. Co-led social skills group for pre-adolescent boys.

With Crossroads Program – Conducted community-based, strategic interventions based upon an ecological model for young adults and older adolescents of diverse cultural backgrounds with severe and chronic mental health disorders including post traumatic stress disorder, psychotic disorders, and cognitive deficits. Individual psychotherapy was also provided.

**Advanced Counseling Services  
Deer Park, NY.**

**September 1995 - June 1996**

**Position:** Psychology Consultant

**Duties:** Conducted psychological evaluations including psychological testing of adults, adolescents, and children. Produced integrated psychological reports including treatment recommendations. Cases included worker's compensation, no fault accidents, and patients in individual psychotherapy.

**New Horizon Counseling Center  
Far Rockaway, NY**

**December 1988 - December 1992**

**Position:** Therapist and Case Manager – Day Treatment Program

**Duties:** Provided individual and group counseling, psychoeducation, and case management to adults of diverse cultural backgrounds with severe and persistent mental illness including schizophrenia, bipolar disorder, and major depressive disorder. Designed and implemented various rehabilitative and recreational groups. Supervised administration of the token economy system. Supervised administrative duties of three case managers.

**Project 25  
Intermediate School 25  
Flushing, NY**

**December 1987 - November 1988**

**Position:** Family Assistant

**Duties:** Presented alcoholism awareness classes to 5th and 6th grade students. Screened children for the existence of alcohol problems in the home. Conducted psychoeducational support groups with identified children of alcoholics. Provided individual counseling to identified children of alcoholics. Provided supportive counseling and treatment recommendations for families with alcohol problems.

**Woodhaven Senior Center  
Woodhaven, NY**

**June 1987 - November 1987**

**Position:** Site Director

**Duties:** Developed and implemented recreational activity programs for seniors. Developed and implemented psychoeducation groups. Planned and organized trips, meals, and program budget. Chaired program development committee. Provided supportive counseling to seniors and family members.

**Research Experience**

**Long Island University  
C.W. Post Campus  
Brookville, NY.**

**September 1994 - July 1995**

**Position:** Research Assistantship

**Duties:** Scored various behavioral, emotional, and attitudinal inventories utilized in a range of research projects studying the nature of aggression and anger management interventions. Conducted data entry and data analysis and various other administrative duties.

**Long Island University  
C.W. Post Campus  
Brookville, NY.**

**September 1992 - July 1994**

**Position:** Research Assistantship

**Duties:** Administered structured diagnostic interviews, structured family interviews, and neuropsychological tests to schizophrenic, bipolar, and normal subjects for a research project examining correlation between abnormal neuropsychological signs and major psychiatric disorders. Coordinated and implemented various administrative aspects of the project.

**Long Island University  
C.W. Post Campus  
Brookville, NY.**

**March 1994 - June 1994**

**Position:** Research Volunteer

**Duties:** Co-designed and implemented a study to examine the deficiencies and successes of financial aid assistance given to students with the aim of aiding the director of clinical training in making recommendations for changes to the provost.

**New York University Medical Center  
Goldwater Memorial Hospital  
Department of Psychology  
Roosevelt Island, NY**

**June 1986 - August 1986**

**Position:** Research Assistant and Extern

**Duties:** Administered self-report questionnaires to patients with multiple sclerosis who were participants in a study of depression. Observed group psychotherapy for patients with multiple sclerosis. Provided supportive counseling for a child with a severe physical handicap. Attended seminar on rehabilitation of patients with chronic illnesses and severe physical handicaps.

**Professional Presentations:**

**November 2017 Contemporary Freudian Society Diversity Committee**

Paper Presentation “Discovering Conceptual Bridges between Psychoanalysis and the Black Liberation Movement”

**August 2013 International Psychoanalytical Studies Organisation (IPSO) Prague Congress**

Paper Presentation “The Loving-Generative Parental Couple: Its Role in Development of Psychic Reality and the Core Sense of Self”

**May 2012 at Argosy University**

“Sexuality in Psychotherapy and Supervision: A Focus Upon Sexual Orientation Diversity”

**June 2011 Poster Presentation for the Greater Washington Trauma and Torture Survivor Network Conference**

“Relational Psychodynamic Psychotherapy for Adult Survivors of Child Abuse: Reawakening Loving and Creative Desire and in the Working Through Phase”

**March 2009 & February 2010 at Argosy University**

“Understanding and responding to sexual and loving feelings in psychotherapy: A relational psychodynamic perspective”

**October 2009 at Maryland Psychological Association Convention**

“Managing countertransference in clinical supervision: A relational psychodynamic perspective”

**June 2008 at Argosy University, Washington DC**

“Managing countertransference in clinical supervision: A relational psychodynamic perspective”

**October 2006-2010 at George Washington University/Meltzer Psychological Services Center**

“The development of psychotherapy relationship skills”

**October 2006 at Mid-Atlantic Association for Teachers of Psychology conference**

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“The principles and practice of psychotherapy course: The use of experiential teaching techniques toward developing student psychotherapy skills”

**July 2004 at George Mason University Counseling Center**

“The use of experiential exercises and role-plays in clinical training”

**January 2004 at National Council of Schools and Programs of Professional Psychology conference**

**Co-presenter Wendy Berger, Ph.D.**

Poster presentation – “Political advocacy and evaluation: Necessary bedfellows”

**May 2002 at George Mason University Counseling Center**

**Co-presenter Patrice Alvarado, Ph.D.**

“Addressing diversity issues in clinical supervision”

**August 1995 at American Psychological Association convention**

"The impact of doctoral students' involvement in their own training"

**May 1995, April 1994, and March 1993 at Local High Schools in Long Island, NY**

Teen Speak-Out: Co-led a group of adolescents participating at a seminar designed to increase awareness of and develop skills to prevent date rape and other types of violence

### **Professional Publications**

Nathan, A. (2009). The dialectic of professional identity: What’s on our minds? *The Maryland Psychologist*, 54(6), 8-10.

Nathan, A. (2010). Work-family life balance for early career psychologists: Discovering points of contact through development of fluid identity. *The Maryland Psychologist*, 55(6), 10.

Nathan, A. (2010). Introduction to an integrative attachment-based model of sexual and loving feelings in psychotherapy, *Psychotherapy Bulletin*, 45(4), 39-46.

Nathan, A. (2016). Reflections on the Trauma of Racism, *Voices: Journal of the American Academy of Psychotherapists*, 52(3), 59-64.

### **Leadership Experience:**

**May 2018 to Present**

Maryland Psychological Association – Member Diversity Committee

**July 2018 to Present**

Contemporary Freudian Society – Board Member at Large

**September 2015 to Present**

Contemporary Freudian Society – Diversity Committee

**Spring 2011**

Psychologists for Social Responsibility – Ripples of Social Responsibility Project

**September 2008 to August 2010**

Maryland Psychological Association (MPA) - Vice-chair Early Career Psychologist Committee

Maryland Psychological Association for Graduate Students (MPAGS) - Faculty liaison

**September 1994 - June 1995**

Chair of the Students Assistance Committee, which attempted to assist distressed and impaired students within the Clinical Psychology Doctoral Program at Long Island University/CW Post Campus

**September 1994 - June 1995**

Member of the Doctoral Student's Association within the Clinical Psychology Doctoral Program at Long Island University/CW Post Campus

**Professional Affiliations:**

Contemporary Freudian Society (CFS) – Washington, DC Member

International Association for Relational Psychoanalysis and Psychotherapy (IARPP)

International Psychoanalytical Association (IPA)

The Association of Black Psychologists (ABPsi)

Maryland Psychological Association (MPA)