



CHILDREN'S SAFE STAY, INC.

DAYCARE/PRESCHOOL

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BASIC RULES CONCERNING DISCIPLINE

Discipline provides an opportunity to enable a child to develop self-control. Our guidelines are designed to help each child develop self-control and assume responsibility for his or her actions through clear and consistent rules. Staff is encouraged to use approaches to help children solve problems. These techniques include, but are not limited to, redirecting a child to an alternate activity, rewarding acceptable behavior, encouraging children to talk about their feelings and providing an example for children by speaking and interacting with children in a positive manner.

Any discipline used must relate to the child's action and be handled without prolonged delay on the part of the staff so that the child is aware of the relationship between his or her actions and the consequence thereof.

There are three factors in helping children behave:

- Setting reasonable, clear rules
- Dealing reasonably with broken rules, and
- Being a good model for the children (acting in ways that you want the children to act.)

There are three very simple rules to use which are easy for the children to understand. These are:

- You may not hurt yourself.
- You may not hurt others (hurt can be emotional as well as physical)
- You may not hurt things (toys, furniture, etc.)

Here are some acceptable basic rules concerning discipline:

- No cruel, harsh, or unusual punishment is allowed.
- Discipline shall not include profanity, negative remarks about a child or his family, or other verbal abuse.
- Discipline shall not be used to humiliate shame or frighten a child.
- Discipline shall not include spanking, hitting, striking, biting or pinching.
- No child shall be confined in an enclosed area, such as a locked room, box or closet.
- Discipline shall not include preventing a child from eating, sleeping, or using the toilet.
- No child shall be allowed to discipline another child.

Refer to Section 418-1.9 Discipline of NYS Daycare Centers Rules & Regulations

Refer to Kids, Discipline and You: Age Appropriate Strategies for Disciplining Your Child