

THRIVE Resilience Model™

Cultivate lives of meaningful connection,
hope, purpose and wellness

TRUSTED ADULTS.

In trusting relationship with responsible adults who provide care, positive role modeling and encouragement.

INVOLVEMENT.

Provided meaningful opportunities to connect with and contribute to community.

RESILIENCE SKILLS.

Taught skills to grow strengths, cope with adversity, regulate emotions, and refuel positive energy.

HIGH EXPECTATIONS.

In an environment that expects best efforts and supports meaningful learning and growth.

VISION.

Strengthened with messages of hope and engaged in co-creating a positive future.

ENRICHMENT.

Supported as whole person with regular opportunities to grow and express strengths.

Mollie Marti