

# THRIVE Resilience Model™

Cultivate lives of meaningful connection,  
hope, purpose and wellness

## TRUSTED ADULTS.

In trusting relationship with responsible adults who provide care, positive role modeling and encouragement.

## INVOLVEMENT.

Provided meaningful opportunities to connect with and contribute to community.

## RESILIENCE SKILLS.

Taught skills to grow strengths, cope with adversity, regulate emotions, and refuel positive energy.

## HIGH EXPECTATIONS.

In an environment that expects best efforts and supports meaningful learning and growth.

## VISION.

Strengthened with messages of hope and engaged in co-creating a positive future.

## ENRICHMENT.

Supported as whole person with regular opportunities to grow and express strengths.

*Mollie Marti*