

CURRICULUM VITAE

DIANE H. POLASKY MA, OMD, DOM, DiplAc CHPCAS, FABORM, CADS, DAAPM, CDE, BCETS

P.O. Box 14695, Albuquerque, New Mexico 87191-4695
Phone: 505.298.7371; Fax: 505.298.7326

Email: diane@drdianepolasky.com
Website: www.drdianepolasky.com

License and Certifications

State Licensure; Doctor of Oriental Medicine (DOM), New Mexico #161; 1987
State Licensure; Extended Prescriptive Authority, New Mexico #161Rx1; 1999
State Licensure: Medical Cannabis Evaluating Physician, NMDH/DEA; 2017
National Certification; Diplomate of Acupuncture (Dipl.Ac), NCCAOM; 1987
Fellow, Acupuncture Board of Reproductive Medicine, ABORM; 2010
Diplomate; American Academy of Pain Management (DAAPM); 1991
Diplomate/Board Certification; American Academy of Experts in Traumatic Stress; 1999
Certification; National Association of Hospice & Palliative Care Acupuncturists; 2018
Certification; Acupuncture Detoxification Specialist/Supervisor, NADA/NMBAOM; 2012
Certification; Board Certified in Pain Management; AAETS; 2000
Certification; Integrative Primary Care Medicine; PPNM; 2001
Certification; CPR and Emergency Medical Treatment; Red Cross; 2018
Certification; Academy for Guided Imagery; 2000
Certification; Death Education, Grief Counseling & Hospice (CDE); 2000
Certification; Education for Physicians on End-of-Life Care (EPEC); 1999
Certification; Hospice Training; Jewish Hospice Support Services; 1996
Certification; Point Injection Therapy; 1995
Ministerial Ordination; Circle of the Sacred Earth Church; 1995
Certification; Bach Flower Essence Training; ELLON; 1983
Certification; Natural Childbirth Instructor (Bradley Method); AAHCC; 1982
Certification; Massage Therapy (MsT), American Massage Therapy Assn.; 1978

Professional Associations

Oriental Medicine Association of New Mexico
New Mexico Society for Acupuncture and Asian Medicine
American Association of Acupuncture and Oriental Medicine
Acupuncturists Without Borders
Academy of Integrative Pain Management
American Society of Pain Educators
Association for Death Education & Counseling
American Academy of Experts in Traumatic Stress
International Society for the Study of Subtle Energies & Energy Medicine
Association for Comprehensive Energy Psychology
Association for Humanistic Psychology
Foundation for Shamanic Studies
Society for Shamanic Practice
Institute of Noetic Sciences
Order of Bards, Ovates, and Druids (UK)

Awards

AAAOM: Award for Distinguished Service; 1990
U.S. Department of Labor: Award for Outstanding Performance; 1979

Publications

Author, "Energetic Medicine," Chapter 50, in the 6th Edition of
Pain Management: A Practical Guide for Clinicians, American
Academy of Pain Management, CRC Press, 2001
Subject of Interview, Chapter 4, Conversations with My Healers,
by Cynthia Ploski; Council Oak Books, Tulsa, OK; 1995
Poetry Selections, Ffrwythau; The Voice of Members of The Order
of Bards, Ovates, and Druids; Oak Tree Press, 1994
Co-Author, Traditional Shang Han Lun Formulas: A Clinical Reference, 1989.
The Pathways of Chinese Medicine workbook; 1988
Treatment of Common Disorders: An Interdisciplinary Approach;
Doctoral Dissertation for OMD; 1987

Education

OMD (Doctorate in Oriental Medicine): Southwest Acupuncture College; 1988
MH Herbology: Emerson College of Herbology; 1984
MA Psychology: West Georgia College; 1975
BA Psychology; BA Religion: University of Michigan; 1974

Postgraduate Education

Treating Nervous System Dys-regulation and PTSD, 2014
Acupuncturists Without Borders training, trauma & disaster relief; 2011
Energy Medicine training, Donna Eden; 2005-2006
Aquapuncture/Injection Therapy, advanced instruction; various professionals; 2004-2007
Aztec Health & Healing training; Tzenwaxolokauhtll Tzatzohetzin; 2001-Present
Death, Dying, & Bereavement, advanced training; various professionals; 1999-Present
Acupuncture Orthopedics Training; five-month advanced training; 1995
Acupuncture training; advanced instruction, various professionals; 1987-Present
Acupuncture training; Private tutorship, Dr. J. Michael Moore; 1985-1986
Acupuncture training; International Institute of Chinese Medicine; 1984-1985
Acupuncture training; California Acupuncture College; 1980-1981
Homeopathy training; California Acupuncture College; 1980-1981
Training Program: Contemplative Work with Dying People; J. Halifax, et. al.; 1996
Order of Bards, Ovates, and Druids (UK); basic and advanced studies; 1993-1997
Foundation For Shamanic Studies; basic and advanced studies; 1990-Present
Cross-Cultural Indigenous Spirituality & Healing Training; various individuals; 1987-Present
Energy Healing, Herbology, & Homeopathy; basic & advanced studies; 1978-Present
Therapeutic Bodywork; advanced instruction, various professionals; 1978-80
Therapeutic Massage training, Potomac Massage Therapy Institute; 1977-1978
Crisis Intervention/Substance Abuse Training, various professionals, 1972-1975

Professional Experience

Doctor of Oriental Medicine May 1987-Present

Private Practice, The Center for Holistic Health, Albuquerque, N.M.
Provides healthcare services to general population, utilizing Acupuncture and adjunct Oriental medical modalities, Nutritional and Holistic counseling, homeopathic, herbal and nutritional supplementation; Energetic medicine and indigenous/shamanic healing techniques. Administers acupuncture as part of in vitro fertilization procedure in conjunction with local Reproductive Endocrinologists. Preferred provider with the Veteran's Administration. Provides on-going assessment of patients' needs, utilizing consultations with, and referrals to, other medical professionals as necessary.

Guest Lecturer/Instructor/Tutor March 1981-Present

On request, presents information on topics including Oriental Medicine, Holistic health and therapeutic healing modalities, Complimentary/Integrative and Energy medicine, self-care and burnout prevention, cross-cultural spiritual traditions, non-pharmalogical pain management and issues surrounding dying, death, and grief. Speaking experience includes Secondary Schools, Universities, and Post Graduate/Specialty Schools, senior citizens' centers, nonprofit associations and organizations, UNM Medical School, nursing programs, maternity/infant care centers, a variety of private settings, and state and national conferences.

Instructor/Clinical Supervisor, Southwest Acupuncture College March 1998-2002

As faculty member and full professor, instructed and supervised student clinical performance in Albuquerque's college clinic and other clinic locations; periodically taught courses in advanced diagnosis, clinical observation, practice management, and specialty courses.

**Professional
Experience**
(cont'd)

Member; Teaching Faculty, American Academy of Bereavement; 2000-2001

Part of a national teaching team providing palliative care certification, with specialties in nonpharmacological pain management, Integrative medicine, and end-of-life care.

Instructor, Midwifery Training Institute (MTI); 1982-1984

As faculty member, taught periodic courses in Holistic health and Complimentary medical modalities as they related to pregnancy, birth, and postpartum.

Childbirth Educator, American Academy of Husband-Coached Childbirth; 1982-1986

Provided 12-week classes in the "Bradley Method" to pregnant couples, including instruction in nutrition, exercise, communication, anatomy and physiology, birth preparation, and consumerism. Facilitated at births upon request; taught post-partum and newborn care, and breastfeeding methods.

Massage Therapist and Counselor; 1980-1988

Private practice, Washington D.C., Burbank, Ca., and Albuquerque, N.M.

Incorporated a variety of psychotherapeutic, energetic healing and bodywork techniques, and utilized homeopathic, herbal and flower essence remedies to provide Holistic healthcare services to clients. Reviewed and assessed clients' needs, consulting with and referring to community healthcare professionals as necessary.

Program Analyst, Ca. Dept of Labor; 1979-1980

East San Gabriel Valley Consortium, West Covina, CA

Responsible for evaluation and monitoring of federally funded training programs under the Comprehensive Employment and Training Act (CETA) within a four-city area. Provided technical assistance to contractors in areas of counseling, training, and management information systems. Prepared budgets and annual program goal setting. Assisted local contractors in interpreting and implementing Federal regulations.

Manpower Development Specialist; 1977-1979

U.S. Department of Labor, Employment and Training Administration, Washington, D.C.

Responsible for analysis, evaluation, and subsequent recommendations of management information systems for national-level contractors under the Comprehensive Employment and Training Act (CETA). Reviewed participant statistics, assisting contractors in realigning annual goals and providing technical assistance as necessary to correct program deficiencies. Coordinated and conducted workshops on data systems both locally and nationally. Developed, analyzed, and synthesized data for the Secretary of Labor, White House, and other Federal and State agencies.

REFERENCES AVAILABLE UPON REQUEST