

For Immediate Release

## **BCIA Congratulates Dr. Timothy C. Gerhart, D.C., DABCI, Dip. Ac. , BCN in Peoria, Arizona on Receiving Board Certification in Neurofeedback**

Arvada, CO – The Biofeedback Certification International Alliance is pleased to announce that Dr. Timothy C. Gerhart has become Board Certified in Neurofeedback. Dr. Gerhart joins an elite group of 1600 healthcare professionals in 25 countries who have met the educational, clinical, ethical, and exam criteria required in order to become a certified provider of neurofeedback services. Dr. Gerhart is the only Chiropractic Physician in Arizona and the only Chiropractic Internist in the country to achieve this advanced certification in Neurofeedback.

Neurofeedback is using our brain waves as biofeedback to allow us to learn to change our brain wave patterns and brain connections. This safe, effective, drug-free approach has a 40 year history of helping those suffering with anxiety, depression, ADD, Autistic Spectrum, seizure disorders, memory & sleep problems, concussion, TBI, PTSD, chronic pain, and migraines. Neurofeedback is also used to enhance peak performance by students, athletes, executives and organizations including:

- NASA Astronaut Training Center
- United States Olympic Training Center
- West Point Military Academy
- United States Army's Center for Enhanced Performance.
- Pro Golf circuit
- Formula 1 racing teams
- The Italian Soccer Team who won the World Cup the year they used Neurofeedback

Dr. Gerhart is the founder and director of Renovare Brain Peak Performance and Renovare Wellness by Design clinic in Peoria, Arizona. In addition to Board Certification in Neurofeedback, Dr. Gerhart is a Board Certified Chiropractic Internist and a Diplomat of the International Academy of Medical Acupuncture. He and his team seek to help those struggling with a long list of chronic health problems through discovering and treating the root causes. By working with both body chemistry, brain wave imbalances, and therapeutic lifestyle change, they have been offering hope and significant improvements for many who have “tried everything” and still suffer.

Board Certification demonstrates professionalism and adherence to carefully developed standards as a healthcare provider. BCIA's procedures follow the Department of Health & Human Services Guidelines. Healthcare professionals who achieve BCIA Certification

demonstrate commitment to professionalism by completing basic degree and educational requirements, endorsing a rigorous code of professional conduct, learning to apply clinical biofeedback skills during mentorship, extensive didactic coursework, and passing a written examination.

The Biofeedback Certification International Alliance (BCIA) is the only institute recognized worldwide that grants certification to biofeedback practitioners. The Association for Applied Psychophysiology and Biofeedback (AAPB), the Biofeedback Federation of Europe (BFE), and the International Society for Neurofeedback and Research (ISNR) all endorse BCIA certification. BCIA was established in 1981 to certify individuals who meet education and training standards in biofeedback and to progressively recertify those who advance their knowledge through continuing education. Currently, more than 1800 healthcare professionals have achieved this certification in 29 countries.

For more information, visit the BCIA website at [www.bcia.org](http://www.bcia.org).