

# WEST GEORGIA GASTROENTEROLOGY OsmoPrep Prep

\*\*\*PLEASE STOP ASPIRIN 1 DAY BEFORE THE TEST \_\_\_\_\_.

\*\*\*PLEASE STOP COUMADIN AND PLAVIX 5 DAYS BEFORE THE TEST \_\_\_\_\_.

\*\*\*IF YOU TAKE INSULIN, TAKE 1/2 OF YOUR REGULAR DOSE THE EVENING BEFORE & MORNING OF THE TEST. DO NOT TAKE YOUR DIABETIC PILLS THE MORNING OF THE TEST.

Your driver must stay at the Procedure Center during your entire visit, or your procedure WILL BE rescheduled. After the procedure you will not be able to drive or work the remainder of the day. Please expect to be at the procedure center for 2 to 4 hours.

Your colonoscopy will be performed at \_\_\_\_\_. You will need to arrive at \_\_\_\_\_ am/pm.

Your colonoscopy is scheduled for \_\_\_\_\_ at \_\_\_\_\_ AM/PM.

- 1.) Go to the drugstore and give the pharmacist your OsmoPrep prescription.
- 2.) Start a clear liquid diet on \_\_\_\_\_, the day before your procedure.

## Clear Liquid Diet

TEA – no cream

COFFEE – no cream

JELL-O – not red

GINGERALE

GATORADE – not red

CRYSTAL LIGHT DRINKS – not red

BOUILLION CUBES

SPRITE

7-UP

POPSICLES – not red

LIFESAVERS – not red

KOOL-AID – not red

- 3.) **Part 1 - Day before procedure at 2 or 3 PM:** Starting at the top of the hour, take 4 tablets of OsmoPrep® with 8oz of clear liquid every 15 minutes for a total of 20 tablets. **IT IS EXTREMELY IMPORTANT TO DRINK LARGE AMOUNTS OF CLEAR LIQUID THROUGHOUT THE PREP!**
- 4.) **Part 2 – Day before procedure at 8 or 9 PM:** Starting at the top of the hour, take 4 tablets of OsmoPrep® with 8oz of clear liquid every 15 minutes for a total of 12 tablets. **IT IS EXTREMELY IMPORTANT TO DRINK LARGE AMOUNTS OF CLEAR LIQUID THROUGHOUT THE PREP! Colon preps may leave you dehydrated, it is important to consume as much liquid as you can before, during and after the prep.**
- 5.) Do not eat or drink anything after 12 midnight. You may gargle but do not swallow any liquid. (This includes gum, hard candy, and/or tobacco products (snuff or chew)).
- 6.) Morning of the procedure - Please take your **blood pressure** medications the morning of the test with a sip of water.

Please call our office with any questions: 770-214-2800