

## West Georgia Gastroenterology HalfLytey Prep for Dialysis Patients

Your colonoscopy will be performed at \_\_\_\_\_.

You will need to arrive at \_\_\_\_\_ am/pm on \_\_\_\_\_.

**Failure to follow prep as indicated may result in a poorly cleansed colon and will need to be rescheduled.**

You will need to go to your drugstore and ask the pharmacist for your HalfLytey prescription and four (4) Dulcolax tablets.

You will be on a clear liquid diet **all day** \_\_\_\_\_. NO solid foods, NO milk products and NO alcoholic beverages. NO RED!

### **CLEAR LIQUID DIET:**

JUICES without pulp (apple/white grape)  
TEA (no cream or nondairy creamer)  
COFFEE (no cream or nondairy creamer)  
GINGERALE  
CRYSTAL LIGHT DRINKS (NO RED)  
HARD CANDY (NO RED)

Water  
7 UP  
SPRITE  
FRUIT POPSICLES (NO RED)  
KOOLAID (NO RED)

### **Day Prior to your Colonoscopy:**

**Step 1:** Remain on the clear liquid diet all day the day before your procedure.

**Step 2:** Take the 4 Dulcolax tablets at 2pm

**Step 3:** Start drinking the HalfLytey at 4pm. You will drink 8 ounces every 30 minutes until you finish 1 liter.

**Step 4:** Do not eat or drink anything after midnight. You may gargle but do not swallow any liquid. This includes gum, hard candy and tobacco products.

### **IMPORTANT:**

1. If you take blood pressure medicine, heart tablet or seizure medicine, you may take with a sip of water.
2. If you take Insulin, Take ½ of your regular dose the evening before. Do not take your diabetic pills or insulin the morning of the test.
3. Your driver must stay at the Procedure Center during your entire visit, or your procedure WILL BE rescheduled. **After the procedure you will not be able to drive or work the remainder of the day.** Please expect to be at the procedure center for 2 to 4 hours.

**\*IF YOU TAKE ASPIRIN, STOP ASPIRIN 1 DAY BEFORE PROCEDURE. IF YOU TAKE COUMADIN OR PLAVIX, YOU WILL NEED TO STOP COUMADIN OR PLAVIX 5 DAYS BEFORE PROCEDURE. IF YOU ARE A DIABETIC, DO NOT TAKE YOUR MEDICINE THE DAY OF THE PROCEDURE.**

**Please call our office with any questions: 770-214-2800.**

Due to limited space in our waiting area, we ask that you bring no more than 2 people with you. Thank you!