



BUDDY BARTM
MORE INDEPENDENCE

Buddy Bar Installation Guide

BEFORE INSTALLATION OF YOUR BUDDY BARS, ALL USERS, CAREGIVERS AND PROVIDERS MUST READ, UNDERSTAND AND ADHERE TO THE INFORMATION PROVIDED IN THE BUDDY BAR SAFETY GUIDELINES DOCUMENT.

- 1 Detach removable arm rest from the wheelchair or commode by releasing the locking device.
- 2 Remove the arm cushion or plastic cover from the supporting steel arm-rest frame by removing the two attachment screws located underneath the cushion or plastic armrest.
- 3 Connect the Buddy Bar aluminum mounting bar to the outside of the wheelchair supporting frame (steel armrest tubing). Use the fixed clamp and line up to the forward screw location hole and align the sliding clamp to the rear screw location hole.
- 4 Use the clamp screws (two for each clamp) to firmly tighten and secure the mounting bar to the steel arm rest tubing frame of your commode or wheelchair.
- 5 Replace the arm rest cushion as follows: Choose the appropriate long locking screws from your Buddy Bar package that fits your armrest cushion's screw pattern (two for each armrest). Screw through the clamps and the armrest tubing into the cushion or plastic armrest until it is fixed firmly as one unit.
- 6 Connect the vertical grasping handle to the extension tube using the spring-loaded connector buttons and click into place.
- 7 Repeat the whole procedure for the other wheelchair or commode arm rest if two bars are desired.
- 8 **SAFETY NOTE:** All commodes must be firmly fixed to a solid, immovable support such as a wall or floor to prevent tipping when standing up using Buddy Bars. If this is not possible, the tie-down strap supplied with the Buddy Bars set, **MUST** be used to securely fasten down the commode. Failing to secure the commode may lead to tipping, a fall and serious injury. So please follow this guideline carefully and have the installation checked by a professional or your caregiver.
- 9 Sit in the chair/commode seat and lock down wheel brakes, engage anti-tipping and any other safety features on the wheelchair.

- 10 Press the grasping handle's button locks and rotate the bar to the upward, vertical position until the buttons click/lock into place so that it does not rotate.
 - 11 Pull down on the spring-loaded locking mechanism and extend the bar to the desired length. Lock into position by engaging the locking pin in the appropriate location extension hole. The best extension length allows the user to easily reach the rubber grip towards the top of the vertical grasping handle with one or both hands, while in the seated position.
 - 12 With the wheelchair securely locked down, anti-tip measures/safety devices applied, and with the trained care giver in contact guard assist; All in one fluid motion, grasp the handle grip(s), gently rock forward so that your weight and center of gravity is forward, and pull yourself up by pulling the handle grips down into the floor while simultaneously using your legs to push into floor to stand the up.
- SAFETY NOTE:** It is essential during this procedure, to have a caregiver in attendance to support you and prevent a fall. Failing this can lead to serious injury
- 13 Follow the reverse procedure to fold away the Buddy Bar as desired. Pull down on the spring-loaded locking mechanism and push the extension tube/grasping handle back towards the rear of the wheelchair.
 - 14 Press the button locks on grasping handle, rotate the grasping handlebar down towards the floor/ground and stow away over the wheels.

DISCLAIMER

Stand Yourself Up LLC. provides safe products if used as intended.

We are committed to informing users of the correct way to use Buddy Bars and to giving information to prevent serious harm or injury.

Stand Yourself Up LLC. is not liable for any harm or injury that results from the improper use or assembly of the product or for its use by a medically impaired patient.

If you have any questions regarding the appropriateness and use of Buddy Bars, or questions regarding the content of the guidelines, please contact us: