



 campGladiator

CHOOSE TO

**MOVE**

SIX-WEEK VIRTUAL WORKOUT CHALLENGE

## EXPERIENCE CAMP GLADIATOR



### LIVE WORKOUTS WITH CERTIFIED TRAINERS

No pre-recorded workouts here! Get fit with Certified Personal Trainers who coach, motivate and hold you accountable to hitting your goals.



### EVERYBODY, EVERYWHERE

CG is for all ages and all fitness levels - all across the nation. Choose from more than 9,500 live-streamed workouts each week.



### CHALLENGE YOURSELF

Now is the time to build a new routine. Work out 3 times per week to train your body to build lean muscle, lose weight and feel better!

## HOW IT WORKS



- Sign up for our six-week virtual workout challenge
- Stay in & work out with the CG Community through Zoom
- Connect with a Trainer who will be there to help you set goals and see results
- Track your progress and earn an exclusive t-shirt when you complete 18 workouts

USE CODE: **"HIGH5FAMILY"** AT CHECKOUT TAKE YOUR PRICE FROM \$39 DOWN TO \$29  
CODE VALID FOR ALL RACE PARTICIPANTS & SPOUSES  
[campgladiator.com/choose-to-move](https://campgladiator.com/choose-to-move)