

FEBRUARY 7, 2021  
FIFTH SUNDAY  
AFTER EPIPHANY



*Jesus heals as he preaches and teaches.*

### DAILY BIBLE READINGS

These passages are related to the Lectionary texts for this Sunday.

Sunday	Mark 1:29-39	Jesus heals many people
Monday	Isaiah 40:21-31	The Lord gives strength
Tuesday	1 Corinthians 9:16-23	For the sake of the gospel
Wednesday	Psalms 41	A prayer in time of sickness
Thursday	James 5:13-18	Remember to pray
Friday	Proverbs 3:1-8	Trust God
Saturday	Psalms 147:1-11, 20c	Praise the Lord
Sunday	Mark 9:2-9	Transfiguration of Jesus

### SCRIPTURE VERSE FOR THIS WEEK

*[B]ut those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint. Isaiah 40:31 (NRSV)*

### PRAYERS AND BLESSING

#### **A Prayer for the Week:**

Everlasting God, you strengthen the powerless; send us out with your message of love and healing through Jesus Christ our Lord. Amen. (Isaiah 40:29)

#### **Mealtime Prayer:**

Dear God, you feed us with care and put rain upon the earth that your love we may share that gives all a new birth. Amen.

#### **A Blessing to Give:**

May the Lord renew your strength with wings like eagles, that you may run and not be weary, that you shall walk and not faint. (Isaiah 40:31)



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HYMN OF THE WEEK

*O Christ, Your Heart,  
Compassionate*



### WEEKLY MILESTONES

Take a moment to tell or think about a recent mountain high and/or valley low in your life.

### CARING CONVERSATIONS

Discuss in your home, small group, or use for personal reflections:

- Talk or think about a time you have felt sick or weary?
- When you or someone you know has been ill, what has helped the recovery?
- Jesus brings good news that is filled with acts of love that heals lives. What is something in your life that you would like healed?

### DEVOTIONS

*Read:* Mark 1:29-39.

Does Jesus make a difference in this world or is he just a great guy with a sweet message and philosophy for a successful life? The world wants to know and the church needs to be able to answer in the affirmative: Yes, Jesus makes the difference for our world. This story from Mark 1 certainly believes it. The message that Jesus announces is more than words. It comes with actions that change lives. The hurts of the world find themselves at Jesus' feet again and again. Jesus doesn't have to go out and search for people in need. We all have a need for the kingdom that Jesus announces and lives. Demons are cast out, people are healed, Jesus prays, and his march forward into a world of need continues. Faith in Jesus is believing—at least wanting to believe—that Jesus makes the difference we need for hope and healing, peace and love. How does faith in Jesus make a difference in your world and the world of others?

*Pray:* **God of hope and healing, lead us into the world with good news that serves and loves others through Christ our Lord. Amen.**

### SERVICE

Caring for the sick is a special way of showing Jesus' love. Think of someone you know who is in need of healing. Send that person a card to let them know you are thinking of them or call, if possible, and take time to brighten their day through conversation. Bring their needs to Jesus in prayer throughout the week.

### RITUALS AND TRADITIONS

Christians are a praying people. There are many traditions we can introduce into our homes to remind us to pray and to help make prayer a routine part of our lives. Jesus gives us a model for a faithful prayer life when he seeks out time to be alone in prayer (Mark 1:35-37). Set aside time to be alone in prayer this week to give God thanks and pray for Jesus' healing for others. Close your prayer time with the Lord's Prayer.



In addition to *Taking Faith Home*, celebrate milestones in your daily life as an effective faith formation tool. Go to: [www.milestonesministry.org](http://www.milestonesministry.org)