



Hospital Bag Must-Haves

Mommy Essentials

- Freshly Picked "Bringing Home Baby Bundle" *
- Breastfeeding robe *
- Cozy socks *
- Laundry bag *
- Toiletries:
 - Chapstick, toothbrush/paste, face wipes, shower stuff, hair ties, deodorant, brush, lotion, headband
- Newman's nipple cream & breast pads
- Cheap flip flops (for shower)
- Pillow (or Boppy) for breastfeeding
- Comfy clothes to go home in (leggings, t-shirt, nursing bra)
- _____
- _____
- _____
- _____
- _____

Electronics

- Cell phone/charger
- Camera/charger
- iPod/tablet/laptop
- _____
- _____
- _____

For Baby

- 2 Outfits
 - FP Swaddle blanket *
 - FP Moccasins (size 0) *
 - FP Soft newborn hat *
 - FP Diaper bag *
- Burp cloth
- Binkie
- Socks
- Car seat
- _____
- _____
- _____



For Co-pilot

- Change of clothes
- Toiletries
- Snacks
- Pillow/blanket
- Insurance cards
- Birth plan for mom
- IDs
- _____
- _____

Hospital Extras

- Things to ask for-
- Diapers
- Wipes
- Dermoplast
- Tucks pads
- Squirt bottle
- Pads/mesh panties
- "Frozen diapers"
- Baby's "firsts" memorabilia
- _____

Extra Extras

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

