



# Irvine Girls Softball Association

## Return to Play Guidelines

### **PRACTICE PLAN**

- Communicate with all team members leading up to event on COVID-19 preventative measures.
- Have players conduct daily self-evaluation assessments prior to attending practice.
- Anybody experiencing symptoms or living with somebody experiencing symptoms must stay home.
- Practices and Clinics will be limited to a maximum of twenty individuals on the field.

### **Prior to Practice**

- Follow the direction of County and State Health Officials.
- Upon arrival, conduct visual wellness checks of all players upon arrival and take players' temperatures at the beginning of each practice with a no-touch thermometer to verify the temperature is below 100.4 degrees.
- Any players or staff exhibiting symptoms should immediately be required to wear a face covering and be required to wait in an isolation area until they can be transported home or to a healthcare facility, as soon as practicable.
- Upon arrival, players should sanitize their hands.
- Upon arrival, parents or spectators should sanitize their hands.
- Parents and spectators should be kept as minimal as possible and must maintain social distancing of 6 feet from any non-household member. Face masks should be worn any time social distancing cannot be achieved.
- Equipment bags should be hung up or placed on the ground outside the dugout at least 6 feet apart.

### **During Practice**

- Follow the direction of County and State Health Officials.
- Players and Coaches should sanitize their hands at the completion of each drill.
- Parents or spectators should sanitize their hands.
- No sharing of equipment including bats, helmets, training tools, etc. Balls are ok.
- If using cages only one cage will be used at a time with one player and ball feeder while the rest of the team maintains social distancing of 6 feet from any non-household member. Coaches should split the team into smaller groups of 3 or 4 at a time to limit the number of players outside of the cages.
- Do not share water bottles or coolers.
- Players should maintain social distancing of 6 feet whenever possible. Face masks should be worn any time social distancing cannot be achieved.
- Players should refrain from any sort of congratulatory touching including hugs, high fives, etc.
- Sanitize dugout benches, common area, and any equipment used during practice.



### **After Practice**

- Players should sanitize their hands.
- Parents or spectators should sanitize their hands.
- Coaches should sanitize their hands.
- Sanitize dugout benches, common area, and any equipment used during practice.

### **Maintain Healthy Operations**

- Player Agent and Vice President will be responsible for responding to COVID-19 concerns.
- Maintain communication systems that allow staff and families to self-report symptoms and receive prompt notifications of exposures and closures, while maintaining confidentiality.
- Verify all coaches have access to no-touch thermometer, hand sanitizer and disinfecting wipes when available.

\*\*The safety of our players and families is our top priority. Please review the guidelines and let's try to work together to create a safe athletic environment.\*\*