

# South Jordan Horse Lessons



## Level 1 Horsemanship

### **WRANGLERS**

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- Rider knows the correct behavior around horses
- Rider will demonstrate how to safely mount and dismount independently
- Rider can catch, lead and tie a horse without assistance
- Rider can turn out a horse safely without assistance
- Rider can walk and stop without assistance
- Rider can trot without assistance
- Rider can manage simple obstacles without assistance
- Rider has experience with grooming
- Rider has experience of saddling a horse with some assistance (lifting of saddle and tightening of cinch)
- Rider can back up a horse in a straight line for 20 feet
- Rider can demonstrate a 1-Rein Stop
- Rider can demonstrate flexing from the saddle
- Rider can name at least 5 parts of the horse
- Rider can name 5 parts of the saddle

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**has successfully completed**

**Level 1 Horsemanship**

**Date \_\_\_\_\_ Instructor Signature \_\_\_\_\_**

# South Jordan Horse Lessons



## Level 2 Horsemanship

### **NIGHT HAWKS**

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- Rider meets the requirements for level 2
- Rider can trot a horse continually for 3 circles in a controlled manner
- Rider can Post
- Rider can move through simple obstacles at a trot
- Rider can move through complicated obstacles at a walk
- Rider can pick up horses feet unassisted
- Rider can bridle a horse unassisted
- Rider can ride bareback forwards and backwards
- Rider can lunge the horse unassisted
- Rider can yield the front and hind quarters unassisted from the saddle
- Rider can twirl a lariat for at least 2 circles of the arena
- Rider can name at least 10 parts of the horse
- Rider can name 5 parts of the saddle
- Rider can name 4 parts of the bridle

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**has successfully completed**

**Level 2 Horsemanship**

**Date \_\_\_\_\_ Instructor Signature \_\_\_\_\_**

# South Jordan Horse Lessons



## Level 3 Horsemanship

### **POINT RIDERS**

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- Rider meets the requirements for level 2 and 3
- Rider can walk, trot and canter in a controlled manner
- Rider can completely saddle and bridle a horse without assistance
- Rider can ride on trails unassisted
- Rider can trot bareback in a controlled manner
- Rider can pick out a horse's feet unassisted
- Rider can lunge and send unassisted
- Rider can load a horse in a trailer unassisted
- Rider can ride bareback forwards, backwards, left and right unassisted
- Rider can open a gate, go through the gate and close the gate unassisted on a horse
- Rider can demonstrate side-passing both left and right
- Rider can catch a pole with a lariat, take their dallys and tip the pole over
- Rider can lope through the poles pattern twice
- Rider can name at least 15 parts of the horse
- Rider can name all the parts of a bridle
- Rider can name 5 sicknesses of a horse and how to treat them

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**has successfully completed**

### **Level 3 Horsemanship**

**Date** \_\_\_\_\_ **Instructor Signature** \_\_\_\_\_

# South Jordan Horse Lessons



## Level 4 Horsemanship –

A Judged / Competition Level

### **BUCKAROO or COWBOY / COWGIRL**

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- Rider can tow another horse independently outside of the arena
- Rider can run independently
- Little to no movement with reins while completing obstacles
- Straight posture while completing obstacles
- Go through water independently
- Rider can demonstrate vertical flexion
- Rider can demonstrate spinning with outside foot over the inner foot
- Rider can move the horse backwards through obstacles
- Rider can demonstrate lead changes by showing correct disengage of the hind quarters at a trot
- Rider can demonstrate exact gate changes with no head movement from the horse, and low noticeable cues from the saddle
- Ride while carrying a heavy bucket of water for 1.5 minutes
- Able to assist and help other riders
- Conduct a training for other riders about the proper way to execute a task from levels 3 or 4.
- Demonstrate always the Progressing attitude and working towards True Unity with your Horse
- Complete the responsibility of buying and owning a horse training module – Be able to teach another student the main points of the article.

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**has successfully completed**

**Level 4 Horsemanship**

**Date \_\_\_\_\_ Instructor Signature \_\_\_\_\_**