



MEMBER ALERT

American Association of Clinical Endocrinologists

March 18, 2020

Dear AACE Members,

The circumstances around the COVID-19 outbreak are constantly evolving. As an organization dedicated to the clinical endocrinology community, AACE is continuing to monitor the situation to provide crucial updates and guidance to its members.

Recent studies have reported that the continued spread of COVID-19 places individuals with diabetes and high glucose levels at increased risk of complications, respiratory failure and mortality. We have updated our recent [AACE COVID-19 Position Statement](#) to include the latest information on necessary precautions for your patients, including guidance on emergency preparations, medication supplies, and other preventive measures.

In particular, it is critical for people with diabetes to be prepared with medications and testing supplies in the case of self-isolation requirements. Please check out and share AACE's [My Diabetes Emergency Plan](#), which provides resources and checklists for you and your patients. People with diabetes may also be **eligible to purchase an additional 30-day supply of insulin and other diabetes medications** in areas where a state of emergency is declared. To help you easily share this information with your affected patients, we have provided a sample email message below.

AACE has also been actively communicating with media to provide fact-based guidance on COVID-19. I was pleased to contribute to this recent [The New York Times](#) article discussing the relationship between Type 1 and Type 2 diabetes and the virus.

AACE's priority, at all times, remains with the health and safety of our members and their patients. Please continue to check the AACE website for any developments.

Stay safe and healthy.

A handwritten signature in black ink that reads 'Sandra Weber'. The signature is fluid and cursive.

Sandra L. Weber, MD, FACP, FACE
AACE President

Medication and Emergency Planning:

As our communities work to reduce the spread of the COVID-19 virus in the coming weeks, please remember that advanced preparation is a key defense for diabetes management during emergencies.

To reduce your chance of exposure to the COVID-19 virus, be sure to have your diabetes emergency kit supplies on hand in your home. To download a diabetes emergency plan checklist and learn how to prepare an emergency kit, please visit: mydiabetesemergencyplan.com.

When a state of emergency has been declared, you can likely get a 30-day supply of medications from your pharmacy. Please check with your local pharmacy on their guidelines.

As always, be sure to closely follow recommendations from the Centers for Disease Control and Prevention (CDC). More information on reducing your risk and gathering supplies can be found [here on the CDC website](#).