

BIODYNAMIC CARDIOVASCULAR THERAPY (BCVT)

Part 1 Nine Pulses and Five Veins

February 27-March 1, 2020

Part 2 The Original Vascular Tree

June 11-14, 2020

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These are advanced classes on the embodiment of safety in relation to the cardiovascular system and early classical Chinese medicine. 88% of Americans are metabolically unhealthy. This requires integrating ancient approaches to health and healing for the contemporary client.

We palpate the deeper movements of Primary Respiration (PR) in the vascular tree, the river of life in the body. We explore the embryological origins of the meridians and channels with our perception and palpation. Biodynamic developmental movements converge with the meridians. We learn to balance the ordinary body of anatomy and physiology with the subtle body of metabolism as one continuum.

In the first class we study the trunk of the physiological vascular tree and its branches out to the leaves that correlate with specific points in the three extremities of feet, hands and cranium. Each location balances the *chi* level of PR. We then explore conception ignition through the umbilical, jugular and subclavian veins with the dynamic stillness.

In the second class, we investigate the deeper metabolic roots and trunk of the vascular tree located between the kidneys with PR. From this advanced perspective, we normalize the vascular tree through contact with the embryonic movement of the kidneys and related viscera to specific circulatory patterns in the branches and its leaves of important meridians. This is a deeper level of PR circulation that includes sensing developmental movements of the eyes, thyroid arteries, thymus gland, diaphragm, pelvis and bone marrow where red blood cells are created.

This level of embodiment requires a deep mindfulness-awareness of the body through quieting the mind. This is how deeper levels of PR and stillness are discerned. Meditations on the heart and blood will be integrated into clinical practice and palpation.