

Turtle Back Craniosacral Education presents a two-part series with Michael Shea, PhD

Biodynamic Cardiovascular Therapy: *Influences from Tibetan and Classical Chinese Medicine*

February 27-March 1 and June 11-14, 2020

Saratoga Springs, New York

Michael Shea, international educator and author, has created an innovative course that bridges classical healing practices with Biodynamic Cardiovascular Therapy, offering a new understanding of the human body for healing at an elemental level.

- Learn to differentiate the nine pulses of classical Chinese medicine to create cosmological balance.
- Refine skills of perceiving the therapeutic direction and effects of Primary Respiration as chi.
- Learn the new metabolism of the body.
- Deepen into dynamic stillness within the veins of the cardiovascular system.

Part 1 • Thursday-Sunday, February 27-March 1, 2020

Nine Pulses and Five Veins

A look at the human body from a Tibetan Medicine point of view. Skills will be integrated into a clinical method for working with both arteries and veins.

Nine Pulses refers to the older locations for pulse diagnosis and for balancing body chi in Traditional Chinese Medicine. Five Veins refers to the embryonic veins that carry the incarnating consciousness into the heart.

Part 2 • Thursday-Sunday, June 11-14, 2020

Ignition of the Subtle Body in Biodynamic Practice

A new approach to healing contemporary forms of disembodiment. Defining health as a constant change process of the inner and outer environments of the body, we discover how health arises from the elements, and how each element connects to the wind of Primary Respiration. We will view the human body and its continuum with the subtle body channels and five elements from the tradition of Tibetan Medicine.

Michael will offer teachings on Shamatha-Vipassana meditation practice each day, and a palpation protocol will be taught to rebalance the body. Skills to calm the mind and develop insight are critical to what we can offer our clients.

For more information and to register: CraniosacralEducation.com/shea

Course Prerequisites

- Previous training in craniosacral therapy, regardless of model, is necessary.
- Please plan to participate in the complete two-part series.

Continuing Education Hours provided for NYS Licensed and NCBTMB-certified massage therapists.

Turtle Back Craniosacral Education offers courses for all levels, beginner through advanced, including our popular three-year Biodynamic Foundation Training.

Please visit our website: CraniosacralEducation.com

