

# 2020 Summary of Benefits

---

Blue Shield  
Trio Medicare (HMO)

**Medicare Advantage Prescription Drug Plan**

Sacramento County

# 2020 Summary of Benefits Blue Shield Trio Medicare Sacramento County

January 1, 2020 – December 31, 2020

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please refer to the **Evidence of Coverage (EOC) at [blueshieldca.com/medMAPD2020](http://blueshieldca.com/medMAPD2020) or by calling** Member Services at **(800) 776-4466** [TTY: **711**], 8 a.m. to 8 p.m., seven days a week, from October 1 through March 31, and 8 a.m. to 8 p.m., weekdays (8 a.m. to 5 p.m., Saturday and Sunday), from April 1 through September 30. **Note: The EOC will be available on our website by October 15.**

**Blue Shield Trio Medicare** includes Medicare health care (Part C) and prescription drug (Part D) coverage and may offer supplemental benefits in addition to Part C and Part D benefits, offering you the convenience of having both your medical and prescription drugs covered through one plan.

To join **Blue Shield Trio Medicare**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. **Our service area includes Sacramento County.**

If you want to know more about the coverage and costs of Original Medicare, look in your current "**Medicare & You**" handbook. View it online at <http://www.medicare.gov> or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

# Summary of benefits

Effective January 1 through December 31, 2020

Premiums and benefits	You pay	What you should know
<b>Monthly plan premium</b>	\$39	You must continue to pay your Medicare Part B premium in addition to the plan premium, if applicable.
<b>Deductible</b>	\$0	
<b>Maximum out-of-pocket</b>	\$5,500	Does not include Part D prescription drugs. This is the most you would pay for the year for covered Medicare Parts A and B services.
<b>Inpatient hospital care</b>	\$275 copay per day for days 1 to 5 \$0 copay per day for days 6 and over	Our plan covers an unlimited number of days for each Medicare-covered stay in a network hospital
<b>Outpatient hospital services</b> <ul style="list-style-type: none"> <li>Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery</li> </ul>	\$80 copay for each visit to an emergency room (this copay is waived if you are admitted to the hospital within one day for the same condition) \$350 copay for each visit to an outpatient hospital facility \$0 copay for observation services	Our plan covers medically necessary services you get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury.
<b>Outpatient surgery</b>	\$125 copay for each visit to an ambulatory surgical center \$350 copay for each visit to an outpatient hospital facility	
<b>Doctor visits</b> <ul style="list-style-type: none"> <li>Primary care physician</li> <li>Specialists</li> </ul>	\$10 copay per visit \$25 copay per visit	<b>A referral from your doctor may be required for Specialist visits.</b>
<b>Preventive services</b>	\$0 copay	Any additional preventive services approved by Medicare during the contract year will be covered.
<b>Emergency care</b>	\$80 copay per visit \$80 copay and \$10,000 combined annual limit for covered emergency care and urgently needed services outside the United States and its territories	This copay is waived if you are admitted to a hospital within one day for the same condition. Worldwide coverage.

## Summary of benefits (cont'd)

Effective January 1 through December 31, 2020

Premiums and benefits	You pay	What you should know
<p><b>Urgently needed services</b></p>	<p>\$20 copay for each visit to a network urgent care center within your plan service area.</p> <p>\$20 copay for each visit to an urgent care center or physician office outside your plan service area but within the United States and its territories.</p> <p>\$80 copay for each visit to an emergency room outside of your plan service area but within the United States and its territories.</p> <p>\$80 copay for each visit to an emergency room, urgent care center, or physician office that is outside of the United States and its territories.</p>	<p>The \$80 copay for each visit to an emergency room that is outside of the plan service area or outside of the United States and its territories is waived if you are admitted to the hospital within one day for the same condition.</p> <p>You have a \$10,000 combined annual limit for covered emergency care or urgently needed services outside the United States and its territories. Services outside the United States and its territories do not apply to the plan's maximum out-of-pocket limit.</p> <p>Worldwide coverage.</p>
<p><b>Diagnostic services, labs, and imaging</b></p> <ul style="list-style-type: none"> <li>• Diagnostic radiology services (such as MRIs, CT scans, PET scans, etc.)</li> <li>• Lab services</li> <li>• Diagnostic tests and procedures</li> <li>• Outpatient X-rays</li> <li>• Therapeutic radiology services (such as radiation treatment for cancer)</li> </ul>	<p>\$65 copay for each diagnostic radiology service</p> <p>\$0 copay</p> <p>\$0 copay</p> <p>\$0 copay</p> <p>You pay 20% of the Medicare-allowed amount</p>	<p><b>A referral from your doctor may be required for diagnostic services, labs and imaging services.</b></p> <p>Covered according to Medicare guidelines.</p> <p>While you pay 20% for therapeutic radiology services, you will never pay more than your \$5,500 total out-of-pocket maximum for the year.</p>

# Summary of benefits (cont'd)

Effective January 1 through December 31, 2020

Premiums and benefits	You pay	What you should know
<b>Hearing services</b> <ul style="list-style-type: none"> <li>Hearing exam</li> </ul>	\$10 copay for each Medicare-covered visit if performed at your PCP's office  \$25 copay for each Medicare-covered visit if performed at a specialist's office	<b>A referral from your doctor may be required for hearing services.</b>
<b>Dental services</b>	Covered with additional plan premium	See optional supplemental dental HMO and PPO plans for more information about dental services for an extra plan premium.
<b>Vision services</b> <ul style="list-style-type: none"> <li>Exam to diagnose and treat diseases and conditions of the eye</li> <li>Yearly glaucoma screening</li> <li>Routine eye exam, including refraction</li> <li>Eyeglass frames</li> </ul>	\$25 copay for each Medicare-covered visit  \$0 copay  \$10 copay  \$20 copay	<b>A referral from your doctor may be required for an exam and treat diseases and conditions of the eye.</b>  <b>A referral from your doctor may be required for yearly glaucoma screenings.</b>  One exam every 12 months with network provider. Some coverage at non-network providers included; see the plan EOC for details.  Once every 24 months with network provider. Our plan pays up to \$75 every 24 months for eyeglass frames. Some coverage at non-network providers included; see the plan EOC for details.

# Summary of benefits (cont'd)

Effective January 1 through December 31, 2020

Premiums and benefits	You pay	What you should know
<ul style="list-style-type: none"> <li>Eyeglass lenses</li> </ul>	\$20 copay	One pair every 12 months with network provider. Some coverage at non-network providers included; see the plan EOC for details.
<b>Mental health services</b> <ul style="list-style-type: none"> <li>Inpatient mental health care</li> <li>Outpatient group therapy visit</li> <li>Outpatient individual therapy visit</li> </ul>	\$900 copay per Medicare-covered stay \$30 copay per visit \$30 copay per visit	<p><b>A referral from your doctor may be required for mental health services.</b></p> <p>You are covered for 150 days each benefit period, up to the 190-day lifetime limit.</p> <p>A benefit period starts the day you go into a hospital or skilled nursing facility. It ends when you go for 60 days in a row without hospital or skilled nursing care. If you go into the hospital after one benefit period has ended, a new benefit period begins.</p>
<b>Skilled nursing facility (SNF) care</b>	\$0 copay per day for days 1 through 20 \$145 copay per day for days 21 through 100	<p><b>A referral from your doctor may be required for skilled nursing facility care.</b></p> <p>100 days per benefit period; no prior hospitalization required with network provider.</p> <p>A benefit period starts the day you go into a hospital or skilled nursing facility. It ends when you go for 60 days in a row without hospital or skilled nursing care. If you go into the hospital after one benefit period has ended, a new benefit period begins.</p>
<b>Rehabilitation services</b> <ul style="list-style-type: none"> <li>Occupational therapy services</li> <li>Physical therapy and speech and language therapy services</li> </ul>	\$20 copay per visit \$20 copay per visit	<p><b>A referral from your doctor may be required for rehabilitation services.</b></p>
<b>Ambulance</b>	\$200 copay per trip (each way)	
<b>Transportation</b>	Not covered	

# Summary of benefits (cont'd)

Effective January 1 through December 31, 2020

Premiums and benefits	You pay	What you should know
<b>Medicare Part B Drugs</b>	20% of the Medicare-allowed amount for chemotherapy drugs  20% of the Medicare-allowed amount for other Part B drugs	
<b>Opioid treatment program services</b>	\$0 copay	
<b>Telehealth services</b>	\$0 copay	Teladoc Physicians can diagnose and treat basic medical conditions and can also prescribe certain medication. See the plan EOC for more information.
<b>Foot care (podiatry services)</b>		<b>A referral from your doctor may be required for foot care services.</b>
<ul style="list-style-type: none"> <li>Foot exams and treatment</li> </ul>	\$25 copay for each Medicare-covered visit	
<b>Medical equipment/supplies</b>		<b>A referral from your doctor may be required for medical equipment/supplies.</b>
<ul style="list-style-type: none"> <li>Durable medical equipment (e.g., wheelchairs, oxygen)</li> </ul>	20% of the Medicare-allowed amount	Prior authorization from the plan may be required for durable medical equipment. See the plan EOC for more information.
<ul style="list-style-type: none"> <li>Blood glucose monitors</li> </ul>	\$0 copay for ACCU-CHEK® blood glucose monitors and 20% of the Medicare-allowed amount for blood glucose monitors from all other manufacturers	
<ul style="list-style-type: none"> <li>Prosthetics (e.g., braces, artificial limbs)</li> </ul>	20% of the Medicare-allowed amount	
<ul style="list-style-type: none"> <li>Diabetes self-management training, diabetic services and supplies</li> </ul>	\$0 copay for all training, services and supplies except blood glucose monitors (see "Blood glucose monitors" above)	
<b>Health and Wellness programs</b>		
<ul style="list-style-type: none"> <li>Basic gym access through SilverSneakers Fitness</li> </ul>	\$0 copay	
<ul style="list-style-type: none"> <li>NurseHelp 24/7<sup>SM</sup> (telephone and online support)</li> </ul>	\$0 copay	

# Prescription drug coverage

You pay the following:

<b>Part D prescription drug benefit</b>				
<b>Stage 1: Annual Deductible</b>	<b>\$150 (does not apply to drugs listed on Tier 1, Tier 2, or Tier 6, which are excluded from the deductible)</b>			
<b>Stage 2: Initial Coverage  (After you pay your deductible)</b>	<b>Preferred retail cost-sharing (in-network)</b>		<b>Standard retail cost-sharing (in-network)</b>	
	<b>30-day supply</b>	<b>90-day supply<sup>*.NDS</sup></b>	<b>30-day supply</b>	<b>90-day supply<sup>NDS</sup></b>
<b>Tier 1: Preferred Generic Drugs</b>	\$0 copay	\$0 copay	\$5 copay	\$5 copay
<b>Tier 2: Generic Drugs</b>	\$12 copay	\$18 copay	\$20 copay	\$60 copay
<b>Tier 3: Preferred Brand Drugs</b>	\$40 copay	\$100 copay	\$47 copay	\$141 copay
<b>Tier 4: Non-Preferred Drugs</b>	\$95 copay	\$237.50 copay	\$100 copay	\$300 copay
<b>Tier 5: Specialty Tier Drugs</b>	30% coinsurance	Not covered	30% coinsurance	Not covered
<b>Tier 6: Select Care Drugs</b>	\$5 copay	\$5 copay	\$10 copay	\$10 copay

If you reside in a long-term care facility, you pay the same as at a standard retail cost-sharing pharmacy. There are limited situations where you may get drugs from an out-of-network pharmacy at the same cost as an in network standard retail cost sharing pharmacy.

For more information on the additional pharmacy-specific cost-sharing and the phases of the benefit, please refer to the plan EOC.

**\* 90-day supply cost-sharing also applies to Blue Shield's mail service pharmacy. Tier 5 drugs are limited to a 30-day supply for mail service.**

**NDS** A long-term (up to a 90-day) supply is not available for select drugs. We limit the amount select drugs that can be filled at one time for **your protection**. The drugs that are not available for a long-term supply are marked with the symbol NDS in our Drug List.



# Prescription drug coverage (cont'd)

You pay the following:

<p><b>Stage 3: Coverage Gap</b></p>	<p>Coverage for outpatient prescription drugs after the total yearly drug costs paid by both you and Blue Shield reach \$4,020, until your yearly out-of-pocket drug costs reach \$6,350</p>	<p>Tier 1: Preferred Generic Drugs and 6: Select Care Drugs are covered at the copays described above. For all other tiers, you pay 25% of the price for brand-name drugs (plus a portion of the dispensing fee) and 25% of the price for generic drugs until your costs total \$6,350, which is the end of the coverage gap.</p>
<p><b>Stage 4: Catastrophic Coverage</b></p>	<p>After your yearly out-of-pocket drug costs (including drugs you bought through your retail pharmacy and through mail service) reach \$6,350, you pay the greater of:</p> <ul style="list-style-type: none"> <li>• 5% of the cost, or</li> <li>• \$3.60 copay for a generic drug (including brand drugs treated as generic) and an \$8.95 copay for all other drugs</li> </ul> <p>(This stage <b>protects</b> you from any additional costs once you have paid your yearly out-of-pocket drug costs.)</p>	

## Mail Service Pharmacy

CVS Caremark is our network mail service pharmacy where you may obtain a 90-day supply of maintenance drugs at a lower cost. They will be delivered to your home or office with no charge for shipping or delivery. Sign up at [caremark.com](http://caremark.com) or call (866) 346-7200 [TTY: 711].

## Network pharmacies that offer preferred cost-sharing

You may pay less when you fill your prescriptions at one of our network pharmacies that offer preferred cost-sharing. Here's just a few:

- CVS/pharmacy (including CVS pharmacy at Target) (888) 607-4287 [TTY: 711] 
- Safeway and Vons pharmacies (877) 723-3929 [TTY: 711] 
- Albertsons/Sav-on/Osco pharmacies (877) 932-7948 [TTY: 711] 
- Costco (800) 955-2292 [TTY: 711] 
- Ralphs, Walmart, and many more.

You do not have to be a Costco member to use Costco Pharmacies. Other pharmacies are available in our network.

## Optional supplemental dental HMO and PPO plans

You pay the following:

	Optional supplemental dental HMO	Optional supplemental dental PPO	
Network access	Participating dentists only	Participating dentists	Non-participating dentists
<b>Monthly optional supplemental dental plan premium</b>	\$11.60	\$37.90	
<b>Calendar-year deductible per member (not applicable to diagnostic and preventive services)</b>	\$0	You pay \$50	
<b>Calendar-year maximum per member</b>	*\$1,000 for covered endodontic, periodontic, and oral surgery services when performed by a network dental specialist.	\$1,500 for covered preventive and comprehensive dental services combined, no matter if the services are performed by a participating general dentist or a dental specialist. Up to \$1,000 of this maximum amount may be used for covered preventive and comprehensive dental services performed by non-participating dentists in a calendar year. You pay any amount above the \$1,500 calendar-year benefit maximum.	
<b>Waiting Periods – Major Services Only</b>	No waiting period	No waiting period for preventive and diagnostic services. Six-month waiting period for major services See the plan EOC for more information.	

\* All services must be performed, prescribed or authorized by your network dentist. If you need to see a specialist, you must get a referral from your primary dentist to receive covered specialist services. Plan pays a maximum of \$1,000 per calendar year for covered specialist services. You are responsible for amounts above \$1,000. If you are enrolled in the optional supplemental dental PPO plan and you need to see a specialist, you may go directly to the specialist.

## Optional supplemental dental HMO and PPO plans (cont'd)

	Optional supplemental dental HMO	Optional supplemental dental PPO	
	Participating dentists only	Participating dentists	Non-participating dentists
<b>Summary list of services covered (ADA code)<sup>†</sup></b>			
	<b>You pay</b>	<b>You pay</b>	<b>You pay</b>
<b>Diagnostic services</b>			
<b>Comprehensive oral exam (D0150)</b>	\$5 copay (2 visits in 12 months)	0% (2 visits in 12 months)	20% (2 visits in 12 months)
<b>Complete X-rays (D0210)</b>	\$0 copay (1 series every 24 months)	0% (1 series every 36 months)	20% (1 series every 36 months)
<b>Preventive care</b>			
<b>Prophylaxis – adult (D1110)</b>	\$5 copay (1 cleaning every 6 months)	0% (1 cleaning every 6 months)	20%
<b>Restorative services</b>			
<b>One surface composite resin restoration – anterior (D2330)</b>	\$11 copay	20%	30%
<b>Crown (porcelain fused to noble metal) (D2750)</b>	\$275 copay <sup>‡</sup>	50%	50%
<b>Periodontics</b>	<b>For the optional supplemental dental HMO plan, your copayment will be higher if these services are performed by a specialist.</b>		
<b>Periodontal scaling &amp; root planing/four or more teeth per quadrant (D4341)</b>	\$45 copay	50%	50%
<b>Endodontics</b>	<b>For the optional supplemental dental HMO plan, your copayment will be higher if these services are performed by a specialist.</b>		
<b>Anterior root canal therapy (D3310)</b>	\$195 copay	50%	50%
<b>Molar tooth therapy (D3330)</b>	\$335 copay	50%	50%

<sup>†</sup> ADA codes are procedure codes established by the American Dental Association for efficient processing and reporting of dental claims.

<sup>‡</sup> You pay the copayment plus the cost of precious or semi-precious metals. Porcelain on molar crowns is not a covered benefit.