

Ascensa Bath Soaks

Ascensa's mixture of Dead Sea salt, Himalayan pink salt and Epsom salt, provide your body a tantalizing composition of magnesium and trace minerals for health and wellness. BathSoaks are available in 2 sizes; 130 grams and 400 grams.



Muscle Relaxer 130 grams for \$10 / 400 grams for \$20

Need relief after your physical work has your muscles tight and sore? Relax and rebuild with Muscle Relaxer. Peppermint and two varieties of eucalyptus get blood circulating and decrease blood lactate levels. Pain and anti-inflammatory support is backed up by cedarwood and rosemary. With a latin name that translates “to wash” lavender is a natural choice to add to the bath for its fresh clean scent but it too contributes to pain relief. The gemstone essences of carnelian and fluorite lend support for muscle repair.

mint, cedarwood, rosemary, eucalyptus, lavender

Precautions: avoid use with small children, elders, epileptics, people with high blood pressure

Sleep Easy 130 grams for \$10 / 400 grams for \$25

Drift away on the peaceful aromatic clouds of clary sage, marjoram, lemon and vetiver while the relaxing cradle of lapis and amethyst lullaby you into comforting tranquility.

clary sage, marjoram, lemon, orange, vetiver

Precautions: Avoid using with sensitive or allergy prone skin.

Winter Comforter 130 grams for \$10 / 400 grams for \$20

Specifically blended for respiratory support, the soft balsamic scents from balsam, ravintsara, and rosalina caress the senses, and mingle with the fresh scent of eucalyptus, orange and lavender. Additional lung and heart support is provided by Emerald essence, to have you all wrapped up and feeling cozy. This bath is best done in the evenings, before bed, as it deeply relaxes both the mind and body.

ravintsara, lavender, balsam, eucalyptus, rosalina, orange

Precautions: Avoid with infants and small children

Sampler Packs 3-60 g packs : \$15 or 3-130 g packs: \$25 1 Muscle Relaxer, 1 Sleep Easy, 1 Winter Comforter