



Metamour Day is February 28th!

FEEL FREE TO CELEBRATE IN WHATEVER WAY YOU LIKE!

Some of our ideas:

- Have a metamour hangout event
- Exchange greeting cards (You could make your own or check out the ones from our contest!)
- Metamour "dates" such as lunch/coffee to get to know each other
- Hanging out as a group (potluck dinner, movies, board games, bowling, etc)
- A nice text or email to let them know you appreciate them
- A small gift to let them know you're thinking about them
- Volunteer together to give back to the community
- Share pictures and stories about your metamour with the hashtag #MetamourDay2020

How do YOU honor your metamour relationships? Let us know at metamourday@ncsfreedom.org!