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Free Seminar – “Planning for the Catastrophic Costs of Long-Term Care”

Health care issues increase as we age, and become more complex. Please join Donald D. Vanarelli, Esq., Certified Elder Law Attorney, as he discusses numerous ways to plan ahead and presents various strategies to pay for long-term care needed in later life.

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Fair COLA For Seniors Act Introduced, To End Inadequate Retirement Cost-of-Living Adjustments

Congressman John Garamendi, D-CA, recently introduced the [Fair COLA for Seniors Act, H.R. 1553](#), to end inadequate retirement cost-of-living adjustments (COLAs) that don't account for the effects of inflation on older Americans.

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Getting Paid as a Family Caregiver Through Medicaid

Caring for an ailing family member is difficult work, but it doesn't necessarily have to be unpaid work. There are programs available that allow Medicaid recipients to hire family members as caregivers.

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Report Ranks States on Nursing Home Quality and Shows Families' Conflicted Views

A new report that combines nursing home quality data with a survey of family members ranks the best and worst states for care and paints a picture of how Americans view nursing homes.

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Protecting Your House After You Move Into a Nursing Home

While you generally do not have to sell your home in order to qualify for Medicaid coverage of nursing home care, it is possible the state can file a claim against your house after you die, so you may want to take steps to protect your house.

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What a Good Long-Term Care Insurance Policy Should Include

As long-term care costs continue to rise, long-term care insurance can help cover expenses, but long-term care insurance contracts are notoriously confusing. How do you figure out what is right for you?

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Costs of New Long-Term Care Insurance Policies Vary Considerably

We've all heard the advice "It pays to shop around," but this has never been more true than with the current market for long-term care insurance.

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Guns and Dementia: Dealing With A Loved One's Firearms

Having a loved one with dementia can be scary, but if you add in a firearm, it can also get dangerous. To prevent harm to both the individual with dementia and others, it is important to plan ahead for how to deal with any weapons.

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The Best and Worst States for Protection Against Elder Abuse

The older the population gets, the greater the potential for elder abuse. States have laws in place designed to combat elder abuse, but some states are doing a better job than others.

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Understanding Medicare's Hospice Benefit

Medicare's hospice benefit is one of the most comprehensive benefits and can be extremely helpful to both the terminally ill individual and his or her family, but it is little understood and underutilized.

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Learn About Social Security's Online Tools

With the aging population becoming increasingly tech savvy, the Social Security Administration (SSA) has moved a lot of services online. From applying for Social Security benefits to replacing a card, the SSA has online tools to help.

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IRS Issues Long-Term Care Premium Deductibility Limits for 2019

The Internal Revenue Service (IRS) is increasing the amount taxpayers can deduct from their 2019 income as a result of buying long-term care insurance.

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Be Careful About Putting Only One Spouse's Name on a Reverse Mortgage

A recent case involving basketball star Caldwell Jones demonstrates the danger in having only one spouse's name on a reverse mortgage.

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For First Time, Median Cost of Private Nursing Home Room Hits Six Figures in Annual Survey

The median cost of a private nursing home room in the United States increased to \$100,375 a year in 2018, up 3 percent from 2017, according to Genworth's annual Cost of Care survey.

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