



Prevention Prism

Welcome Back Educators! I hope this issue finds everyone in good spirits as we all continue to adjust during this pandemic.

There were a lot of unexpected, yet welcoming surprises that have come from the Covid-19 quarantine. One of these surprises came during my son's discovery in the superhero world

of Marvel. To much of my pleasant surprise, his favorite character is Spiderman. A teenage kid, trying to navigate through life, all while adjusting to what seemed to be an "ordinary" day that turned "extraordinary" overnight. Sound familiar?

I immediately thought of our students during this quarantine, and related Peter Parker's spider bite to our kids and what to them may seem like an overnight "super bug." Sure Peter Parker gained super human abilities like sticking to walls and awesomely cool web shooters, but he also has another super power that we "ordinary" people share; Endurance.

According to Oxford's dictionary, endurance is described as "the fact or power of enduring an unpleasant or difficult process or situation without giving way." Collectively, we have really adapted and showed fortitude during this difficult process. I am honored to be able to share a platform with Educators, who show students everyday what bravery looks like. Many of you have designed amazing lessons that keep you connected to your students. You have utilized the world of technology to keep our kids involved in various activities and engaging lessons. Continue to push through, as we navigate uncertainty and rely on faith to keep going.

If you haven't had a chance to navigate through the Alliance for Healthy Youth website for students: www.mystorytoday.org, I encourage you to check out the website and share it with your students. One of my favorite parts of our website is a section called Poetry; which is found under the category *Teens Like You*. There is a poem called "When the Odds are Against You" written by one of our very own students. A passage from this poem impacted me, and I still use this passage as encouragement when life hands me a difficult day. "One day in the future, you will look to the past. And know you had what it takes to last." Like us, this kid knows a little something about resilience, and even left some wisdom for all ages to consume.

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