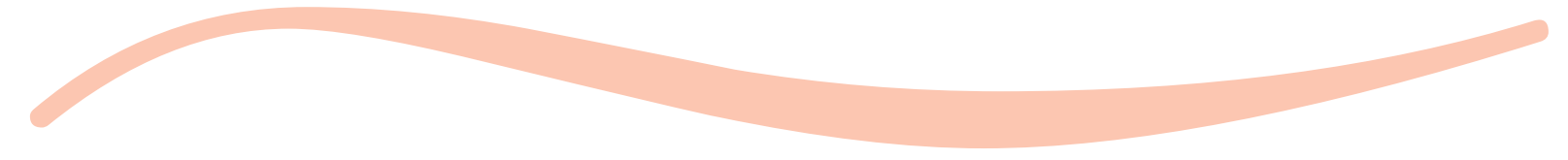




Bariatric
Mama

Let's Lose Together

Stress Log



"Give your stress wings and let it fly away." -Terri Guillemets

Stressor



Cause



Reaction